

Committee Reports:

Chair Report: Phil S, Present - No Report

Vice-Chair Report: Elton, Present - Verbal Report

Hello Family,

This is your reminder that next month Saturday April 4th at 11am is the policy review please come have your voice heard!

Thank you

Treasurers Report: Jessica, Present - Email/Verbal Report

Email Report:

The March starting balance \$2,420.04.

Our prudent reserve is \$1,350.

This month we paid the following:

\$74.20 for meeting list

\$494 annual fees for the mail box

\$298 – related to former mail depot mailbox, WE are currently working to coordinate with a former member of the area who's name is associated with the mailbox to ensure it is appropriately closed out.

\$196 – related to current mailbox for 26-27

\$50 for rent

After these charges our excess for the month is \$451.84. This makes our quarterly region donation to be made this month \$225.92

Our expected starting balance for April is \$1,575.92 for next month

Vice-Treasurer report: Frank, Present - Verbal Report

All,

Reporting that the March budget review for 2026 was completed today. Proposed increases include; \$80 monthly for meeting lists (previously \$75), and \$17 monthly for the PO box (previously \$16)(the motion for this passed). Our current monthly budget is set to \$451. Prudent reserve is now set to \$1351. Our annual budget is now set to \$5412.00. Let me know if there are any questions.

Regards,
Frank G.
Vice Treasurer

Secretary Report: Isabelle B, Present - Verbal Report
February Minutes need to be amended with correct Motion.

Sots Report: Tony, Present - Verbal Report

- The SOTS committee met on 2/22/2026 and established the fundraisers. We have bowling 4/10/2026 at 9pm at Pinboys please spread the word and help get support for your local beach area campout. \$25.00 buy in advance!!! All our positions are filled. We would love additional attendees for our subcommittee. We meet the last Sunday 4pm for subcommittees and 5pm for Business proper. We have an ongoing 50/50 raffle the ends on 9/30/2026 with the winner getting half of the proceeds. The dates will be the second weekend in October. Save the dates.
- ILS,
Tony

ENC Report: Shane, Present - Email Report

Good afternoon all,

I am pleased to report ENC has good support with active subcommittee members and a Vice Chair, we have discussed today the feasibility of putting in a bid package for the 2028 AVCNA. We still need more time to acquire more information to see if our area can host this convention. We are also working towards solidifying our Service centered Speaker Jam, to be held in late April, early May. If you would like to join our ENC group chat to participate please contact me after Area Service today. Also friendly reminder any GSR may make a motion to task ENC.

ILS,

Shane S.

H&I Report: Kyle, Present - Verbal Report

PR Report: Shawn, Present - Verbal

- Going to get social media updated. H&I has been contacted by several different facilities, PI will be taking care of discussing with facilities. If anyone would like to participate feel free to come.

RCM Report: Vacant

Alt RCM Report: Vacant

VRCC Report: Jess, absent, no report

Web Servant Report: Vacant

- Ben N. agrees to help and be available

Open Forum Open: 1320

Harassment Concern & Group Updates Brought to the floor by Anne:

- **A concern was raised regarding an ongoing issue with an individual repeatedly calling the group phone line and harassing volunteers. The situation has occurred multiple times, and potential actions such as blocking the caller were mentioned as options to consider.**
- **It was noted that while the phone line strives to remain accessible and welcoming, maintaining clear and strong boundaries is important when dealing with disruptive or harassing behavior. Whitney (How Group) discussed similar situations that have occurred in the past and reflected on how the home group worked together collaboratively to address those challenges**

Unity Day Picnic Issue Brought to the Floor by Whitney (How Group)

- **The group discussed the status of the Unity Day Picnic. It was reported that How Group currently does not have sufficient funds to organize the event. GSR's were encouraged to speak with their home groups and explore interest in helping host or support the event.**
- **Several members expressed interest in supporting the picnic and noted that some home groups may be willing to assist, either through volunteer efforts or financial contributions.**
- **The possibility of requesting support from the Area was discussed. It was clarified that home groups are able to approach the Area to request funds if needed. However, How Group wanted to bring the discussion to the open forum first, with an Area request considered only if necessary.**
- **Members also discussed how some groups have supported the event in the past and suggested bringing the conversation back to their home groups for further input.**
- **A rough estimate of potential costs was shared for planning purposes, including shelter rental and food, totaling approximately \$500. It was also noted that the event is typically held in June, and that reserving a shelter has been difficult this year due to the current funding limitations.**

Meeting List Phone Number Issues Brought to the floor by Elton, Vice Chair

- **Concerns were raised about outdated phone numbers on the meeting list. It was noted that home groups should review and update their contact information to ensure accuracy.**
- **A past effort to address this issue was mentioned, where a subcommittee had previously been formed to review meeting list phone numbers.**
- **Some members suggested that updating contact information may be most effective if handled directly by each home group rather than forming a subcommittee.**

Topic: Events and Group Functions Brought to the Floor by Paul

- **Members discussed the number of fellowship functions currently taking place and whether additional events could be scheduled so that there is at least one function each month.**
- **Questions were raised regarding the group's prudent reserve and overall budget related to hosting events.**
- **It was noted that many events are typically organized and funded by individual home groups rather than the broader body.**
- **Several current and regional events were mentioned, including ongoing speaker-focused events and annual gatherings in neighboring areas.**

**Ben Motions to close open forum, 2nd by Mark, AIF
Open Forum Closed: 1348**

New GSRs:

Lori new GSR of Midweek Peak

Liza GSR for Rainbow Serenity (New Group to Area)

New Homegroups:

Rainbow Serenity: 6PM Sundays @ Lynnhaven Colony Church, 2217 W Great Neck Rd., VB, VA 23451

See "BANA Attendance" for Group Roll Call Results-

Enjoying The Journey: Billy B prayers

Establish Quorum:

- Quorum was met with 72.22 %

Approval of the Minutes:

- Minutes approved pending changes

Old Business

Start: 1357

Nominations

Webservant: Vacant

RCM: Vacant

ALT RCM: Vacant

No Nominations at this time.

(Corrected) Motion 2: To Repeal the August 2020 motion creating the % donation formula and the May 2023 modifying the motion to only donate to Region.

Replace With: The Beach Area to Make a donation to Region or World a motion made by a GSR to set the amount until revised by another GSR motion

Intent: To simplify the donation to region policy so that all HG can understand the flow of money process. Citing NA World service bulletin #21 and IP 28 Funding NA services

Made by Ben- Enjoying the Journey

2nd by Kempsville Crossroads

- **Phil discusses incorrect motion on February minutes and calls for vote to keep motion tabled.**

9 In Favor

2 Against

1 Obstain

MOTION TABLED

End: 1401

New business

Start: 1402

MOTION: To change the PO Box yearly budget to \$204.00 a year (\$17.00 x 12).

INTENT: to account for the increase in price of PO Box.

MOTION MADE BY: Budget Subcommittee

12 In Favor

1 Obstain

MOTION PASSED

Sam: Asked about changing of Area, ENC brought locations last month

Topic: Area Meeting Location Topic Brought to the floor by Sam, She Recovers.

- **It was noted that the ENC previously researched potential locations and presented options at a prior meeting. Members clarified that while ENC can research and present information, a formal motion to change the Area meeting location would need to come from a home group.**
- **Concerns were raised about the size of current meeting spaces, with some members noting that certain venues may be too small. Suggestions were made to explore larger venues and consider factors such as seating capacity or square footage.**
- **Members asked whether home groups could suggest potential locations for consideration. It was encouraged that those with suggestions or specific needs communicate them clearly and participate in the committee discussions.**

- It was also noted that participation in the ENC committee is open, and members interested in contributing to the search for potential venues were encouraged to attend and get involved.
- A member indicated they are drafting a motion that would task ENC with continuing to research larger venues for Area meetings. It was clarified that drafting a motion does not mean it has yet been approved.
- The discussion concluded with a reminder that any motion would need to be formally presented and voted on according to the group's process

Greg, How Group presents following Motion:

MOTION: To task ENC to continue looking for central Meeting locations with rooms available that are larger than the rooms presented in February Business meeting.

INTENT: To ensure there is enough space for area business to be conducted.

MOTION MADE BY: Greg, How Group 2nd BY: Sam, She Recovers

Laurie, Trusted Servants calls for VOTE

12 IN FAVOR

1 OBSTAIN

MOTION PASSED

Mike, No Matter What Motion to Close 2nd BY Greg, How Group

AIF

MOTION PASSED

Closed: 1435

H & I Subcommittee Meeting Minutes/Attachments

Commitment Place	Commitment Day/Time		Current Chairs	Commitment Start Date	Commitment End Date
Virginia Beach Psych Center					
The Recovery Center	Monday	7:00 PM	1. Kitty M.	04/01/2025	09/31/2026
			2. Sascha R.	01/01/2026	06/31/2026
	Thursday	7:00 PM	1. Mike V.	03/01/2025	08/31/2026
			2. Shawn B.	01/01/2026	06/31/2026
	Saturday	7:00 PM	1. Ben R.	03/01/2025	08/31/2026
			2. James P.	01/01/2026	06/31/2026
Center for Dual Treatment	Monday	7:00 PM	1. Dave D.	01/01/2026	06/31/2026
			2. Jesse M.	10/01/2025	03/31/2026
	Wednesday	7:00 PM	1. Paul M.	03/01/2025	08/31/2026
			2. Ryan S.	01/01/2026	06/31/2026
Alternate Chair			1. Shannon P.	12/01/2025	05/31/2026

KEY:

open commitment	
6 month commitment renewal or declination	
temporary fill in	Facility chairperson

Beach Area H&I Business Meeting

March 7, 2026
 1200 Dam Neck Road
 Virginia Beach, VA 23454

The meeting was brought to order with the Serenity Prayer at 11:00 a.m.
 12 Traditions read by: James P.
 12 Concepts read by: Mike V.
 Do's & Don'ts of H&I read by: Shawn B.
 Minutes Approved by H&I panel

Administrative Roll/Call Reports

Chair – Kyle C. – Present - verbal report – Thanks for letting me serve.
 Vice-Chair – Ryan S. – Present - verbal report - opening balance = \$715.00.
 Secretary – Kitty M. – Present - verbal report – Thank you for letting me serve.

Panel Leaders and Members Roll Call & Reports

Monday Night Psych Center – CDT

Chair – Jesse M. (10/01/2025 - 03/31/2026) Absent – no report

Chair – Dave D. (01/01/2026 - 06/31/2026) Present – verbal report (Kyle & Shannon Sub)

Monday Night Psych Center – TRC

Chair – Kitty M. (4/01/2025 - 09/31/2026) Present - verbal report

Chair – Sascha R. (01/01/2025 - 06/31/2026) Present - verbal report

Wednesday Night Psych Center – CDT

Chair – Ryan S. (01/01/2026 - 06/31/2026) Present - verbal report
Chair – Paul M. (03/01/2025 - 08/31/2026) Absent – reported with Kyle C.
Thursday Night Psych Center – TRC
Chair – Harrison K. (03/01/2025 - 08/28/2026) Absent - no report
Chair – Shawn B. (01/01/2026 - 06/31/2026) Present - verbal report
Saturday Night Psych Center – TRC
Chair – Mike V. (03/01/2025 - 08/28/2026) Present - verbal report
Chair – James P. (01/01/2026 - 06/31/2026) Present - verbal report

Open Forum 11:16

Mike and Ben discussed Mike switching over to Harrison’s commitment on Thursdays and Ben taking over Mike’s commitment on Saturdays.

Kyle – Spoke with Light Beam Sam & Jason. Feels that setting up commitments to Light Beam will be a good decision and will bring growth. Sentara VB behavior health wants H&I in their facility. Please promote H&I at NA meetings to bring in new attendance to H&I.

Ryan. - Doesn’t feel that Light Beam will be a good decision. Feels that Light Beam is trying to monetize this opportunity. Felt that Jason at Light Beam was not understanding or respecting the traditions of NA. There needs to be more deliberation on. Says that with Sentara opportunity, he will have more information in April – May.

Shawn B. - Went to Light Beam to speak and met Jason. Feels that Jason’s personality does not affect the attendees of the H&I meetings there as far as being addicts hearing a message of recovery.

Dave D. - Believes if there is any notice of Light Beam trying to monetize on NA H&I being there, we should pull H&I out of the facility.

Kitty motion to close open forum 11:40

Old Business:

- **Thursday TRC - Mike V. has been voted unanimously.**
- **Saturday TRC – Ben has been voted unanimously.**

New Business:

Vote on filling CDT Mondays if Jesse doesn’t show up at the next business meeting.

Kitty renewed her commitment.

Vote on opening temporary commitment at Light Beam:

o 8 – 1 (approved)

Shawn B and Ryan S. motions: Close 11:54

The next subcommittee meeting will be Saturday, April 4, 2026.

Serenity on the Shore Campout (SOTS) Minutes

Date: 02/22/2026

Meeting location: Good Shepherd Lutheran Church: 1489 Laskin Road Virginia Beach,
Va
23451

Meeting Time: 5:00pm (Business meeting)

Readings:

12 Traditions: Tony D.

12 Concepts: Kira D.

Executive Body & Reports

Chair: Leah S.: Present, Report:

Good day,

Thank you for letting me serve.

Leah S.

Vice Chair: Tony D.- Present- Report:

I have nothing to report at this time.

In loving service,

Tony D.

Treasurer: Kira D.- Present, Report:

Hello SOTS Family,

With the assistance of Phil S., our balance going into the campout was \$3,857.94. We
paid out

\$136.99 to CubeSmart for the storage unit. We brought in \$0 over last month. Our new
ending

balance

Secretary: Whitney S.- Present, Report:

Hey everyone,

I have nothing to report at this time. Thank you for letting me serve.

In loving service,

Whitney S.

Subcommittees & Reports

Quorum: Met

Old Business

1. Approval of January 2025 minutes: Approved

New Business

Sub Committees Reports:

Registration Chair: Christina C., Present, Report:

I have no report.

Christina C.

Fundraising Chair: Aimee S., Absent, Report:

I have shared a flyer on the signal app for the SOTS bowling fundraiser. We must figure out the date for the event and work out some other details then I can complete the flyer. I need guidance on who calls to schedule the event with the bowling alley. Please excuse my absence today I am sick with the ick. Thanks for letting me serve.

Aimee S

Fundraising Chair

Arts & Graphics/Merchandise Chair: Geoff L., Present, Report:

Good afternoon,

I've created a fundraising design as per the policy. It is a parody of the Miami Vice theme. I thought that we could do some tank tops as well as T-shirts for fundraising with warmer weather coming. There is an unfortunate circumstance I need to discuss regarding my position. The chair is aware and will raise that topic at the appropriate time.

Gratefully,

Geoff L.

Programming Chair: Kira S., Absent, Report:

Hello Everyone,

There are currently no updates related to Programming. Thank you for letting me serve.

-Kira S.

Additional Needs Chair: Jamie T., Present, Report:

Good evening SOTS,

Nothing to report.

Thanks,
Jamie

Motions:

Motion 1: To set the registration prices for the 2026 SOTS campout to:

\$35 for Camper Pre-Registration

\$40 for Camper (Day Of) Registration

\$30 for RV

\$25 for Non-Camper Pre-Registration

\$30 for Non-Camper (Day Of) Registration

\$25 for Early Bird 2027 Camper Registration

Parking: Campers are responsible for their own parking passes.

Made by: Registration Chair

2nd by: Jamie T.

Outcome: Approved

Motion 2: Close SOTS business meeting

Made by: Phil S.

2nd by: Jamie T.

Meeting closed: 5:28pm

The next SOTS subcommittee meeting (4:00pm) and business meeting (5:00pm) will be held on March 29, 2026.