# The Beach Area Service Committee of Narcotics Anonymous

**Meeting Minutes for NOVEMBER - 2017** 

#### **OPEN WITH SERENITY PRAYER**

**READINGS: 12 Traditions and 12 Concepts** 

#### **BASCNA STATEMENT OF PURPOSE:**

The Beach Area Service Committee of Narcotics Anonymous shall, in accordance with the 12 Traditions and the 12 Concepts of NA, serve all NA meetings who choose to participate.

#### **ADMIN ROLL CALL:**

**Administrative Committee Members:** 

Chair – Laurie A. (Abscent)

Vice Chair – Joe B. (Present)

**Treasurer – Leah S. (Present)** 

Vice-Treasurer – Abigail M. (Abscent)

Secretary – Greg G. (Present)

Regional Committee Member (RCM) – Dale R. (Present)

Virginia Regional Convention Committee Member (VRCCM) – Jess F. (Absent)

**Subcommittee Members:** 

Serenity On The Shore (SOTS) Vice Chair – Dale R. (Present)

Emergent Needs Committee (ENC) Chair – Tracy B. (Absent) Tracey Resigned due to medical condition. Shelly is chair for the remaining 2 months.

Open Forum: 1:29

Joe- New Dominion Area asked BANA for a letter of support for AVCNA 37

Tara- What area is the New Dominion Area?

Joe- Richmond

Chuck- AVCNA Convention has never lost money.

Madison- Her home groups "Fresh Start" would like to discuss changing the time of AREA... Day and Time. In an effort to reach Quorum more consistently.

Jay- Discussed at last area?

David- Comes up repeatedly and we always come back to keeping it the same. Ted- History of why we mave the current time and meeting place... it seems to be working fine.

Tara- Can we close this topic?

Joe- We will never have a time that will make everyone happy

#### **GROUP ROLL CALL / GROUP REPORTS:**

# **Groups present / Report:**

**Enjoying the Journey / P** 

There's a Light/ P

Living the Program / P

**HOW Group / P** 

Fresh Start / P

Saturday Night Live / P

Choose Life/ P

Sunday Sanity / P

Serenity Circle / P

Freedom of Choice / P

**Trusted Servants /P** 

In Times of Illness/P

When at the End of the Road/P

**Kempsville Crossroads / P** 

The journey Continues / P

Hope Ignited/ P

# **Groups not present / Absences:**

Visible Changes / A- (3)

Men's Meeting / A (3)

# Midday Recovery/A Wave of Recovery/A

#### **NEW GROUPS REPORTS:**

**NO REPORT** 

# **WRITTEN GROUP REPORTS:**

NO REPORT

## **ESTABLISH QUORUM:**

Yes 16/20

## **APPROVAL OF MINUTES:**

**Feb Minutes-Approved** 

**March Minutes-Approved** 

**April Minutes- Approved** 

**May Minutes-Approved** 

June Munites-Approved

**July Minutes-Approved** 

**August Minutes-Approved** 

**September Minutes-Approved** 

**October Minutes-Approved** 

#### **OLD BUSINESS: [-]**

**Elections 2018 AREA Admin** 

Secretary- Madison B. Nominated-Passed

Vote- 16-0-0

Vice Treasurer- Wendy Woo Nominated/Passed

Vote- 15-0-1

Vice Chair- Leah S. Nominated/Passed

Vote- 16-0-0

ENC- Chair- Needs to go back to ENC subcommittee for nomination.

**NO VOTE** 

#### **NEW BUSINESS: [-]**

**Motions** 

#1 Reimburse RCM Printing costs of regional information \$20 for printing regional information paper and ink costs.

Intent: Transparency and an addict performing service to this body should not incur undue cost.

Motion- Dale R.

2nd- Geoff L.

Vote- 16-0-0 PASSED

#2 To write a letter of support for New Dominion to host the 37th AVCNA.

Intent: to ensure that the 37th annual AVCNA is hosted

Motion-Jess F.

2nd- Geoff L.

Vote-16-0-0 PASSED

#3 Donate \$250 to Region

**Intent:** to be fully self supporting

**Motion- Fresh Start** 

2nd - Geoff L.

Vote- 13-1-2 PASSED

# **Committee Reports:**

• CHAIR: (Laurie A.)

NO REPORT

• VICE CHAIR: (Joe B.)

• TREASURER: (Leah S.)

Hello family,

We started with a balance of 1976.61. We collected \$50.00 in donations. We paid \$35.00 to Jess F for reimbursement as the VRCC representative, 87.45 to Joe B for printing, 75.00 to Jeff F. for H&I literature from the ENC budget, \$50.00 to Good Shepard Lutheran Church from the ENC budget, and \$15.00 to Providence Presbyterian Church from the ENC budget. This leaves a balance of 1764.16. After \$920 for prudent reserve and 498.58 for the ENC budget, we have a balance of \$345.58.

ILS,

• Leah S.

• VICE TREASURER: (Abbey M.)

NO REPORT

• SECRETARY: (Greg G.)

#### • **RCM**: (Dale R.)

#### Hello Beach Area

I attended the Regional Service 2-Day event in Roanoke, Oct. 21st/22nd. I have gathered a lot of information to report. The Region is still seeking qualified members to fill these vacancies at the Regional level. Treasurer, Vice Treasurer and Speaker Jam chairs. Any interested addicts please speak w/me about the qualification requirements. In new Area Business, I will seek the Area conscience to approve or not approve the 2018 Regional budget. You will find it in the paperwork I passed out to the GSRs.

The Regional Delegate Team reported the information they learned at the March Florida Service Symposium. The focal point was Public Information. They reported that the stigma of "once an addict, always an addict" is alive and well in the eyes and minds of the Professional community. Professionals including but not limited to doctors, psychologists, therapists, counselors, Employee Assistance Programs. When these Professionals refer a patient, client, employee to NA, and provide an NA meeting list, then learn to the meeting no longer exists, the day of the week, meeting time, address, contact person(s) are incorrect. It gives NA a black eye. This may be the one time an addict will seek NA out. To this end, it's crucial that the information on our meeting lists is accurate and up-to-date. To help achieve this regionally, the project-driven Outreach sub-committee was re-opened and I was elected Chair of this sub-committee. I am asking everyone's help in completing this task in the Beach Area. Please review the latest meeting list, write the new of your HG on it, and edit all changes w/respect to your HG. Please give me the corrected meeting list. If you need to bring it to your HG to confirm all changes, please do so. I need the corrections by the next ASC in December.

Also in the paperwork the GSRs received, you will see Registration forms for AVCNA 36 in Roanoke, a flyer w/information about pre-registration for the World Convention WCNA 37 in Orlando, FL, August 30-September 2 2018. There is also the regional treasurer report, giving GSRs and all interested addicts an idea for the money and its uses at the Regional level.

Lastly, you will find information regarding the Inmate Step Writing Program. The information is fairly self-explanatory but if anyone has any questions, please feel free to speak with me directly. The sub-committee Chair also requests all applications be given to me to forward to the sub-committee.

The other flyer is announcing the CAR(Conference Agenda Report)workshops

schedule. The Central Atlantic Region is divided into four geographical quadrants. There will be a worship held in each quadrant. The nearest workshop to our Beach Area will be held March 3rd, 2018 in Franklin, VA. There will also be a workshop held in Roanoke at AVCNA in January.

To complete the task of updating the entire Region will have me on the road a lot. Accuracy in the information on our meeting lists may possibly save an addict's life. My expenses will be submitted to the Region, as this Outreach sub-committee does have a proposed budget. As I have previously mentioned, I am grateful for the opportunity to serve the Beach Area. Please speak with me with any comments or concerns you or your HG may have. I was able to carpool to the 2-day event. I will ask the Area for reimbursement of \$20.00 to cover my printing costs.

In Loving Service,

Dale R RCM

• VRCC CHAIR: (Jess F.)

Hello family Jess F

I have fliers for your home groups about the regional convention. Please get some for your home group and announce it at your meeting. An undated version of the budget for this years convention was approved and I have a copy if anyone would like to review it get with me after the area meeting. There are positions available if you are interested in doing service for the VRCC please be at the next scheduled meeting on November 19th in Charlottesville. The meeting will start at 10:30 to do a policy review. anyone may attend.

I.L.S.

Jess F.

• SOTS Vice Chair: (Dale R.)

#### Hello Beach Area:

SOTS IX was held Oct. 6th-8th. We were blessed with awesome weather all weekend. We had many campers from outside our area. 55-60 overnight campers registered. A group from Asheviile, NC showed up to support the speakers from their area, as well as campers from New York, Ohio and Pennsylvania. Many thanx to the committee that worked throughout the year to stage this event. The goal this year as every year, was to provide a fun, safe family oriented recovery

campout. Before the main speaker Saturday night, we announced next year's campout will be a free event. This was only achieved through the efforts of all that served SOTS committees in previous years, as well as all who have attended events and fundraisers. This would not be possible without your continued participation and support.

The SOTS committee will meet on Nov. 19th to review the budget as well as beginning to plan for next year's event. The SOTS donation to area will be calculated per policy and will be made at the next ASC. All are welcome and encouraged to attend our committee meetings. We are in search of interested addicts who would like to serve on the committee and bring fresh, new ideas/suggestions. We meet at Good Shepherd Lutheran Church on Laskin Rd, Nov. 19th@6:00. Look forward to seeing you there.

In Loving Service, Dale R Vice Chair

• ENC Chair: (Tracey B.)

**NO REPORT** 

• H and I Chair: (Andrea A.)

**NO REPORT** 

#### **BANA Home Group List**

#### **ACTIVE:**

- 1) Choose Life Thursday 8:00pm, Virginia Beach Psychiatric Center. Contact: GSR: Matt S. 757-817-0780
- 2) Enjoying The Journey Tuesday 8:00pm, Water's Edge Church. Contacts: Billy B 757-681-4341. GSR: Mike S 757-681-3221
- 3) Freedom Of Choice Saturday 8:00pm, Church of the Ascension. Contact: James P. 757-619-2273. GSR: Alicia H. 757-582-7246
- 4) Fresh Start Saturday Foundry United Methodist Contact Madison B 757-506-6986 GSR: Nicole D 757-708-5113
- 5) Hope Ignited Sunday 9:00am, Virginia Beach Recovery Center. Contact: Chuck K. 757-469-9365. GSR:
- 6) In Times of Illness Tuesday 7:30pm, Virginia Beach Psychiatric Center. Contact: Bill S. 757-717- 1815. GSR: Bill S. 757-717-1815
- 7) Kempsville Crossroads Friday 8:00pm, Providence Presbyterian Church. Contacts: GSR: Tracey B 757-407-2661
- 8) Living The Program Monday 7:30pm, Water's Edge Church. Contacts: Lance G. 757-692-7864, Steve K. 757-715-1075. GSR: Patrick G. 757-636-2412
- 9) Midday Recovery Thursday 12:00 1:15 St. Frances Episcopal Church 509 Rosemont Rd. GSR Lucinda W. 757-581-8861
- 10) Saturday Night Live Saturday 7:00pm, St. Nicholas Church. Contacts: Ted L. 757-717-2669
- 11) Serenity Circle Thursday 7:30pm, Haygood United Methodist Church. Contacts: Trish 757-575-9350. GSR: Anne V. 757-2701141

- 12) Sunday Sanity Sunday 8:00pm, Virginia Beach Psychiatric Center. Contacts: Karla W 757-434-6446 Pat O 757-633-2820. GSR: AJ Rowe 757-434-7196
- 13) The Journey Continues Sunday 5:00pm, St. Francis Episcopal Church. Contact: Marcee A. 757-295-6925 GSR
- 14) Wave Of Recovery Friday 8:00pm, Virginia Beach Christian Church. Contact: Pat C. 757-735-8934. GSR: Steve S. 757-237-6873
- 15) When At The End Of The Road Saturday 5:00pm, St. Francis Episcopal Church. Contact: Donna V. 757-619-3737. GSR: Lucinda W. 757-309-5071
- 16) There's A Fucking Light Tuesday 7:00pm, Ocean Lakes Church of God. Contacts: Ian B. 757-717-7900 GSR: Geoff "Little" L. 757-641-3159
- 17) HOW Group Friday 8:30pm, Good Shepherd Lutheran Church. Contact: Lance G. 757-692-7864, Tim L. 757-472-1690. GSR: Ron K. 757-753-5201
- 18) Trusted Servants Wednesday 8:00pm, New Faith Church. Contact: Neil T. 757-951-3826 GSR: Tara D. 757-506-6873

**INACTIVE (3 or more consecutive absences):** 

- 1.) Write Now Friday 12:00pm, Kempsville Rd Licensure School. Contact: Christine O. GSR: Kristine H. 757-667-1099 Alt: Loretta B. 757-935-7021
- 2.) Visible Changes Wednesday 12:00pm, Emmanuel Episcopal Church. Contact: Madison B 757-506-6986 GSR: Shelly G. 757-748-5364
- 3.) Men's Meeting Saturday 6:00pm, 2225 Rose Hall Dr. Contact: Micah L 757-779- 0198 GSR: Thomas Q. 757-274-8496