

# **The Beach Area Service Committee of Narcotics Anonymous**

## **Meeting Minutes for February 6<sup>th</sup>, 2016**

### **OPEN WITH SERENITY PRAYER**

**READINGS:** 12 Traditions and 12 Concepts

### **BASCNA STATEMENT OF PURPOSE:**

The Beach Area Service Committee of Narcotics Anonymous shall, in accordance with the 12 Traditions and the 12 Concepts of NA, serve all NA meetings who choose to participate.

### **ADMIN ROLL CALL:**

#### **Administrative Committee Members:**

Chair – Laurie A., present

Vice Chair – Helene T., present

Treasurer – Micah L., present

Vice-Treasurer – open position

Secretary – Kathleen G., present

Regional Committee Member (RCM) – Joe B., present

Virginia Regional Convention Committee Member (VRCCM) - Dale R., present

#### **Subcommittee Members:**

Serenity On The Shore (SOTS) Vice Chair – Dale R., present

Emergent Needs Committee (ENC) Chair – Jon B., present

### **COMMITTEE REPORTS:** [see attached]

### **OPEN FORUM:** [1:13pm-1:40pm]

-Discussed updating BANA meeting list on the minutes.

-Must email webmaster (Jon B.) and contact Lance G. to update BANA meetings list.

-Serenity Sisters has changed meeting name to Serenity Circle.

-GSR Home Groups must be registered to vote online by February 20th for GSR assembly.

-GSR workshop will be held the same time as Area in March.

GSR's should discuss what to do with overage funds because we are not supposed to have money left sitting in the accounts.

-Discussed getting a list of commonly used acronyms during Area discussions for GSR's.

-RDA is trying to collect data on Home Groups to take to World.

-Motion to close open forum (Barabra H., 2<sup>nd</sup> Madison B.)

**GROUP ROLL CALL / GROUP REPORTS:**

**Groups present / Report:**

- 1) Enjoying the Journey / x
- 2) Freedom of Choice / x
- 3) Hope Ignited / x
- 4) HOW Group / x
- 5) In Times of Illness / x
- 6) Kempsville Crossroads / x
- 7) Living the Program / x
- 8) Men's Meeting / x
- 9) Saturday Night Live / x
- 10) Serenity Circle
- 11) Straight Ahead / x
- 12) Sunday Sanity / x
- 13) The Journey Continues / x
- 14) Trusted Servants / x
- 15) Visible Changes / x
- 16) Wave of Recovery / x
- 17) When At the End of the Road / x

**Groups not present / Absences:**

- 1) Choose Life / 1
- 2) Right Now / 1
- 3) There's A Light / 1

**New groups / Report:** none

**WRITTEN GROUP REPORTS:** none

**ESTABLISH QUORUM:** 17/20 Quorum Met

**APPROVAL OF MINUTES:** (Ted L., 2<sup>nd</sup> Abby M.)

**September (12/0/2)-approved**

**October (12/0/2)-approved**

**December (14/0/0)-approved**

**January (15/1/1)-approved**

**OLD BUSINESS:**

-Need nominations for BANA Vice Treasurer.

**-Previously tabled Motion:** To change the duration of the RCM to 2 years starting January 2017.

Intent: To coincide with the WSC conference agenda report.

Made by: Ted L., 2nd Joe B.

Vote: (12/1/4) PASSED

**NEW BUSINESS:**

-We need a VRCCM representative.

**Motion #1:** To donate \$200 to CARNA at the February 20th Regional meetings.

Intent: To further our primary purpose.

Made by: Ted. L, 2nd Clark S.

VOTE: (15/1/1) PASSED

**Motion #2:** Motion to donate excess funds to region.

Intent: Further carry the message of NA in accordance to our traditions.

Made by: Cat B., 2nd Lucinda W.

**Motion to table Motion #2:** Thomas Q., 2nd Madison B.

VOTE: (17/0/0) TABLED

**Motion #3:** Use Money from Area for a CAR learning day.

Intent: To educate people about CAR and fellowship and give the money back to our Area.

Made by: Madison B., 2nd Abby M.

Amendments: Send to ENC.

There was not a vote because of the amendment that was made.

**Motion #4:** Change date of March Area meeting to March 12th, 2016.

Intent: Accomodate GSR's so they may attend GSR workshop.

Made by: Barbara H., 2nd Abby M.

VOTE: (15/1/1) PASSED

**MOTION TO CLOSE:**

- **Motion:** (Madison B., 2nd Abby M.) to close meeting.

## **Committee Reports:**

### **CHAIR:**

No report

### **VICE CHAIR:**

Vice Chair Report

February 6, 2016

Dear BANA family,

I went to Towne Bank to get the paper required to add the chair and myself as signers. In order to add us I needed to bring a copy of the minutes stating we had been elected to our new positions signed by an existing signer. In addition I will have to bring a copy of both of our licenses. I have brought the required paperwork today to get Micah's signature, I will be able to have us added by the March area service meeting.

I have also brought a copy of a GSR intro to Area that has been previously used here to help any new GSRs with the terminology and the way Area business is conducted. Please let me know if you have any suggestions and or additions to the existing explanation – I would like to have these available for any new GSRs so people feel welcomed and as excited to be here as we all are 😊.

In loving service,

Helene

### **TREASURER:**

2/4/2016

Treasurer Report

Hello everyone,

Our beginning balance for February 2016 is \$3331.71. In January we paid Lance G for the printing of meeting lists totaling \$24, \$5.99 was paid to Jon Burgess for website upkeep and maintenance, and \$40.39 was paid Ted L for travel expenses. I have deposited \$285 in donations from last month and received a donation from SOTS totaling \$276. I also have a check of \$50 for Ocean Lakes church for rent.

ENC's rotating budget remains at \$500, prudent reserve is \$920, and approved funds for basic texts total \$166. This leaves us with a working balance of \$1745.71.

ILS,

Micah L

**VICE TREASURER:**

No Report

**SECRETARY:**

No Report

**RCM:**

No Report

**VRCC CHAIR:**

Hello Beach Area Family:

I gave the Treasurer receipts for hotel and gas for reimbursement for the recently concluded state convention. New Dominion Area hosted the 34th AVCNA at the Richmond Marriott, Jan.

9-11th. The convention was well attended and early figures indicate it was a success. The 35th will be held in Richmond as well, hosted by the Richmond Area.

It has been an honor to serve this area as VRCC Director the past 2 years. I have materials to pass on to anyone elected to serve in this capacity. Thank you for allowing me to serve this body.

In Loving Service,

Dale R

**SOTS Vice Chair:**

Hello Beach Area:

The SOTS Executive Committee met Jan. 14th for Policy and Budget Review. All Changes were approved at the regular SOTS MTG held Jan. 31st. On Jan. 4th, I delivered a check to the Area Treasurer at this place of employment, \$276.10. This is SOTS contribution from last year's camp out using policy formula. Again, my apologies for losing the first check. At the regular SOTS mtg, the first fundraiser was planned. The primary date and alternate date were unavailable at Good Shepherd Lutheran. The next date we hope to host the Spiritual Breakfast is April 2nd. Flyers and Website info will be made as soon as date is confirmed. The campground has been reserved for the campout. The dates are Oct. 7-9th.

As always, it takes a lot of available, willing addicts to host this camp out. Any interested addicts are encouraged to attend our next SOTS mtg, Feb. 28th, at Good Shepherd. Sub committees meet at 5, general business mtg is at 6. All are welcome.

In Loving Service,

Dale R

Vice Chair

# ENC report

2/5/16

Hello family, my name is Jon and I'm an addict.

Thank you for letting me serve this area.

ENC had 4 addicts in attendance last night.

Virginia Beach Detox will now be a part of BANA area H&I.

We will be communicating with channel 3, 10, and 13 about the status of our area's PSA.

Meeting lists are available here for homegroups.

## ENC and BASCNA,

This January meeting of H&I will meet tomorrow.

The Virginia Beach Detox Center transition will be happening in Feb. The TASCNA H&I members who are currently carrying the VB Detox commitment have been asked to join us at our H&I service meeting tomorrow. I have been coordinating this with Chris P. and Rachel C. from TASCNA H&I.

The next BASCNA H&I meeting will be held at 11:00am, Saturday, Mar. 5, 2016, at Ocean Lakes Church, 1200 Dam Neck Road, Virginia Beach, VA 23454. We will hold an orientation afterward for new people if needed.

In Loving Service,

Akiko T.

BANA H&I Panel Coordinator

Updated Panel List (only these people are approved to carry meetings into VBPC):

PANEL COORDINATOR:

Akiko T.

PANEL LEADERS:

Houston A.

Ricardo C.

PANELMEMBERS:

Bobby H.

Brian B.

Chuck K.

David B.

Debbie B.

Hugh S.

Jeff M. Jess F.

Jon B.

Kelley K.

Linda S.

Mike V.

Neil T.

Sam B.

Shelly G.

Stephanie P.

Tara D.

Ted L.

## **BANA Home Group List**

**ACTIVE:**

- 1) **Choose Life** - Thursday 8:00pm, Virginia Beach Psychiatric Center. Contact: Phil S. 757-771-6763. **GSR:** Mack T. 757-319-3668
- 2) **Enjoying The Journey** - Tuesday 8:00pm, Water's Edge Church. Contacts: Billy B. 757-681-4341. **GSR:** George H. 757-639-6921
- 3) **Freedom Of Choice** - Saturday 8:00pm, Church of the Ascension. Contact: James P. 757-619-2273. **GSR:** Alicia H. 757-582-7246
- 4) **Hope Ignited** - Sunday 9:00am, Virginia Beach Recovery Center. Contact: Chuck K. 757-469-9365. **GSR:** Houston A. 757-831-8498
- 5) **HOW Group** - Friday 8:30pm, Good Shepherd Lutheran Church. Contact: Lance G. 757-692-7864, Tim L. 757-472-1690. **GSR:** Ron K. 757-753-5201
- 6) **In Times of Illness** - Tuesday 7:30pm, Virginia Beach Psychiatric Center. Contact: Bill S. 757-717-1815. **GSR:** Bill S. 757-717-1815
- 7) **Kempville Crossroads** - Friday 8:00pm, Providence Presbyterian Church. Contacts: Daniel 757-418-1690, Mark N. 757-478-1839. **GSR:** Isabel R. 757-240-7230
- 8) **Living The Program** - Monday 7:30pm, Water's Edge Church. Contacts: Lance G. 757-692-7864, Steve K. 757-715-1075. **GSR:** Patrick G. 757-636-2412
- 9) **Men's Meeting** - Saturday 6:00pm, 2225 Rose Hall Dr. Contact: Ty G. 757-652-1150. **GSR:** Thomas Q. 757-274-8496
- 10) **Saturday Night Live** - Saturday 7:00pm, St. Nicholas Church. Contacts: Mike P. 757-635-5609. **GSR:** Clark S. 757-383-0881
- 11) **Serenity Circle** - Thursday 7:30pm, Haygood United Methodist Church. Contacts: Tracy B. 757-407-2661, Trish 757-575-9350. **GSR:** Trish F. 757-985-0948
- 12) **Straight Ahead** - Wednesday 7:15pm, Christ Presbyterian Church. Contacts: Chris P. 757-535-7227. **GSR:** Abby M. 757-358-0121
- 13) **Sunday Sanity** - Sunday 8:00pm, Virginia Beach Psychiatric Center. Contacts: Mary P. 757-739-1726, John 757-567-6395. **GSR:** Adam T. 757-692-6332
- 14) **The Journey Continues** - Sunday 5:00pm, St. Francis Episcopal Church. Contact: Donna V. 757-619-3737. **GSR:** Cat B. 757-439-1874
- 15) **There's A Light** - Tuesday 7:00pm, Ocean Lakes Church of God. Contacts: Geoff L. 757-641-3159, Robert S. 757-816-2777. **GSR:** Shawn B. 757-343-5307
- 16) **Trusted Servants** - Wednesday 8:00pm, New Faith Church. Contact: Ben N. 757-270-0264. **GSR:** Barbara H. 845-905-9126
- 17) **Visible Changes** - Wednesday 12:00pm, Emmanuel Episcopal Church. Contact: Arden M. 757-737-4005. **GSR:** Madison B. 757-506-6986



- 18) **Wave Of Recovery** - Friday 8:00pm, Virginia Beach Christian Church. Contact: Pat C. 757-735-8934.  
**GSR:** Brian B.
- 19) **When At The End Of The Road** - Saturday 5:00pm, St. Francis Episcopal Church. Contact: Donna V.  
757-619-3737. **GSR:** Lucinda W. 757-309-5071

**INACTIVE (3 or more consecutive absences):**

- 1) **Awkward Group** - Friday 10:30pm, "Wandering Meeting", call for location. Contact: Michael W. 757-961-3156. **GSR:** Mike W. 757-916-3156
- 2) **Clean And Serene** - Sunday 8:15pm, Bayside Baptist Church. Contacts: Mike S. 757-618-3221, Craig W. 757-395-9999. **GSR:** Chris B. 757-266-1642
- 3) **Shattering The Illusions** - Thursday 7:00pm, St. Michel Lutheran Church. Contacts: Deedee A. 757-560-5596, Bryan M. 757-635-7414. **GSR:** Peggy
- 4) **The Write Now Group** – Friday 12:00pm, Kempsville Rd Licensure School. Contact: Christine O.  
**GSR:** Kristine H. 757-667-1099 **Alt:** Loretta B. 757-935-7021