

Beach Area Service Committee of Narcotics Anonymous  
Area Service Committee Meeting Minutes  
November 7, 2020

**OPEN WITH SERENITY PRAYER**

READINGS: 12 Traditions and 12 Concepts

BASCNA STATEMENT OF PURPOSE: The Beach Area Service Committee of Narcotics Anonymous shall, in accordance with the 12 Traditions and the 12 Concepts of NA, serve all NA meetings who choose to participate.

**SEE "BASCNA ATTENDANCE" for admin roll call results.**

**CHAIR REPORT:** Hi Fam,

The Vice Chair and I worked on updating the BANA policy with the amendments found during our policy review in October. Throughout that process I found several things that I have questions about or would like to address during open forum. Please bear with me as I get acclimated to this position and ask for clarification along the way.

Edit: As discussed, here is the information I found about a mail forwarding service:

You cannot use a USPS PO Box to only forward mail

Idk what size PO Box we were using previously, but the smallest size holds 10-15 letters and is \$106 per year for comparison.

ipostal1 Digital Mailbox & Mail Forwarding Service:

- Business & Personal accounts are the same price with the same services. Only difference is Business account has a company/organization name and up to 4 personal names; Personal account can have up to 5 names on it.
- \$9.99 per month or \$99.99 a year if paid in full (up to 30 mail items per month)
- Real physical address with digital mailbox technology
- View & manage mail online or with app - receive alerts when new mail arrives, view picture of outside of mail, request mail be opened & scanned to view online or shredded for a fee (\$2.25 for up to 10 pages, then \$.25 per page), have mail shipped (pay for price of shipping), schedule time to pick up mail (\$1 fee per pickup), junk mail discarded for free
- Mail will only be stored for 30 days
- Located at 3419 Virginia Beach Blvd (Mail Depot, intersection of S. Plaza Trail & VB Blvd, in same shopping center as PetSmart across from Sam's Club)
- No contract or sign-up fee, change plans any time, cancel any time (yearly plan is non-refundable after first 30 days)
- A Form 1583 has to be filled out & notarized, then the applicant must provide two forms of ID (one must have a picture - driver's license/passport/military ID; second has to show residency & match what is on ID - mortgage/lease, utility bill, voter/vehicle registration, home/vehicle insurance policy)
- Form and IDs can be scanned & uploaded through online account after sign-up, emailed, or dropped off in person at location (if you go to the location in person, form does not need to be notarized if you sign it in front of them)
- Notarized Form and two forms of ID are required for each name listed on the account.
- Business account must have a responsible party as per USPS; name can be kept confidential and all mail can be received in company name, but name and info is required to be kept on file with USPS.
- A change of address would have to be submitted to USPS in order to have mail redirected to the new ipostal address. A Permanent Change of Address can be filed, but they suggest using a Temporary Change of Address because the USPS will not forward mail from a digital mailbox to another address if we switch again at some point.

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- Only the person whose name is associated with the mail can file a change of address to have it redirected (you can do it online but they charge \$1.05 as identity verification because the card used for the fee has to match the name connected to the mail).

- I'm going to have to call to find out about switching names, adding names, removing names, etc. Customer Service is only available Monday-Friday 9-5. The website does say that adding names to an account after the first 30 days may incur a fee. It also says that anyone coming in to pick up the mail needs to be added to the account, or written authorization has to be provided. I will call next week to get more information. I just wanted to at least get this to Rachel so she can put it in the minutes. I will send out whatever other information I get in a separate email.

ILS,

(your pain in the ass Chair) Jackie

**VICE-CHAIR REPORT:** Hello family!

I cannot be there this month due to a work trip. I took the amendments to policy the committee found in the minutes between 2016 and 2020 and added them and made appropriate amendments to policy. There was one I was not sure where it went, Jackie is following up with it. I also attempted to reach out to the five non active meetings. I spoke with Kempsville Crossroads GSR and he said they are still part of VA Beach area they just don't have any homegroup members who can attend. I spoke with Stick and Stays GSR who said they are no longer with VA beach area. I spoke with an old member of Choose Life and he thinks the meeting no longer exists. I was unable to reach the GSR for The Journey Continues. I was also unable to find any contact information for Surrender to Win. I look forward to seeing you all next month.

In loving service

Tara A

**TREASURER REPORT:** Hello Everyone-

Last month we began taking the percentages out for the discretionary fund which now has a balance of \$94 and will be giving a check to SOTS for indigent packages for \$188 and Region for \$94 today. That left us with a starting balance today of \$1245. We paid out \$50 for rent, \$20 to ENC, and \$120 to H&I. We collected \$315 in donations this month. That left us with an ending balance of \$1370 and a working balance of \$540.

Thanks,

Madison B

**VICE-TREASURER REPORT:** N/A

**SECRETARY REPORT:** No report

**SOTS REPORT:** Hey fam-

Bowling was a success, we made \$433-thanks to everyone that came out to support! Our balance is \$1,004 and we have \$54 coming out each month for our storage unit. We will be holding elections in January for the upcoming year so please come to our meeting on December 27<sup>th</sup> if you would like to help us plan the next SOTS.

Thanks,

Madison B

**ENC REPORT:** BASCNA,

The Emergent Needs Committee met Saturday, November 7, 2020 with four addicts in attendance. We discussed the PR efforts and are waiting for any feedback from the GSRs to start conducting PR business. The intent is for PR activities to begin in January 2021.

Planning for the New Year's Eve dance is underway. The dance will be held on Thursday, 12/31, at the Good Shepherd Lutheran Church at 9 PM. A small poster is being distributed to the homegroups at the November BASCNA meeting, and the event is being added to the BANA website events page. As mentioned last month,

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ENC does plan on scanning temperatures upon entrance into the dance and while masks will not be required, they are suggested. We will have boxes of masks at the entrance should anyone be in need. Individually packaged snacks and drinks will be provided at the dance. If anyone is interested in serving, the dance committee could use volunteers to help set up and breakdown the dance.

The Emergent Needs Committee meets on the first Saturday of the month at 12:00 pm prior to the Area Service Committee meeting at the Ocean Lakes Church of God. All that are interested in serving are encouraged to attend.

In gratitude, Sam B.

ENC Chair

**H&I REPORT:** Hello Family,

Hope all are doing well. We held our learning on October 24/2020. I believe it came off very well. We had 15-20 addicts in attendance, as well as 4-5 newcomers. Frank took a pie to the face like a champ.

I have yet to contact pathways about returning to that facility. Hopefully we can return to that commitment soon. Our closing balance was \$450.00.

ILS,

Joe B

**RCM REPORT:** Hello Family,

Hope all are doing well. We held our 2-day event on October 16&17th/2020. The first day revolved mostly around regional PR and H&I. The RD presented as well. The information was on the Zonal Forum (AZF). The Autonomy Zonal Forum is beginning to grow up by electing officers and creating a budget and fund flow. More will be revealed.

There are no motions coming back to the Areas at this time. We do have several open positions, which includes Vice Treasurer, Treasurer, Speaker Jam Chair, and RD. RD does have a automatic nomination who is Randy D., who is very qualified.

ILS,

Joe B

**VRCC REPORT:** Hello BANA Family,

The BANA area had nominations for 2021 and I was renominated for VRCC Rep. I am actively looking to bring on an Alternate VRCC rep to mentor them in the ways of the VRCC.

Even though we are still affected by COVID 19 the clock still ticks on the two upcoming AVCNA's 39 in Jan. 2022 and 40 here at the Oceanfront Jan. 6-8 2023.

I worked with Deborah R (Peninsula VRCC Rep) and Fred R. (Richmond VRCC Rep.) on the audit of the AVCNA 37 held in Richmond, 2018. We met in Hampton on Oct 17<sup>th</sup>. It was a productive afternoon. No problems with audit.

More to be revealed.

ILS,

Ted L

VRCC Director (BANA Representative)

**WEBSERVANT REPORT:** The website had several edits for events in the month of October, to include SOTS Bowling and H&I Learning day. I was also tasked to assist with the Minutes of the past few years being "absent" on the site. Additionally, I've been working with Ann of Tidewater to update meetings in the BMLT database. The New Year's dance flyer has been added to the site as of this morning.

Thanks for letting me serve,

Frank

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**OPEN FORUM 1:23 PM:**

- Julie B. is withdrawing acceptance for nomination to serve as RCM.
- Some meetings are requiring that members write down contact info when attending, but this is not listed on meeting list. If hg chooses, this can easily be added to the meeting list by webservant.
- Chair brought a list of policy related question to the body for discuss after doing a deep dive into policy. BANA is grateful for her dedication to service.

**OPEN FORUM CLOSED 1:47 PM**

**HOMEGROUP REPORTS**

Midweek Peak: All,

Midweek Peak is adding a meditation period to the beginning of our meeting. We look forward to seeing everyone on Wednesdays at 5:30 at Thalia.

Thank you,  
Sam B

**SEE "BASCNA ATTENDANCE" for group roll call results.**

**Quorum not met**

**APPROVAL OF THE MINUTES:**

**OLD BUSINESS**

**NEW BUSINESS**

**MEETING CLOSED VIA SECONDED MOTION FROM FLOOR PM**

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| <b>2020 BASCNA ATTENDANCE</b>      |                         |                       |                        |
|------------------------------------|-------------------------|-----------------------|------------------------|
|                                    |                         |                       |                        |
| <b><u>GROUPS</u></b>               | <b><u>September</u></b> | <b><u>October</u></b> | <b><u>November</u></b> |
| * indicates group went inactive    |                         |                       |                        |
| <b>Enjoying the Journey</b>        | PRESENT                 | PRESENT               | PRESENT                |
| <b>There's A Light</b>             | PRESENT                 | PRESENT               | PRESENT                |
| <b>Living the Program</b>          | PRESENT                 | PRESENT               | PRESENT                |
| <b>HOW Group</b>                   | PRESENT                 | PRESENT               | PRESENT                |
| <b>Fresh Start</b>                 | ABSENT                  | PRESENT               | PRESENT                |
| <b>Choose Life</b>                 | ABSENT                  | ABSENT                | ABSENT                 |
| <b>Sunday Sanity</b>               | PRESENT                 | ABSENT                | ABSENT                 |
| <b>Trusted Servants</b>            | PRESENT                 | PRESENT               | PRESENT                |
| <b>Kempsville Crossroads</b>       | ABSENT                  | ABSENT                | ABSENT                 |
| <b>Hope Ignited</b>                | PRESENT                 | ABSENT                | ABSENT                 |
| <b>In Times of Illness</b>         | ABSENT                  | PRESENT               | ABSENT                 |
| <b>Midweek Peak</b>                | PRESENT                 | PRESENT               | PRESENT                |
| <b>Wave of Recovery</b>            | PRESENT                 | PRESENT               | PRESENT                |
| <b>When at the End of the Road</b> | PRESENT                 | ABSENT                | ABSENT                 |
| <b>Saturday Night Live</b>         | PRESENT                 | ABSENT                | ABSENT                 |
| <b>Saturday Night Mens</b>         | PRESENT                 | PRESENT               | PRESENT                |
| <b>The Journey Continues</b>       | ABSENT                  | ABSENT                | ABSENT                 |
| <b>Surrender to Win</b>            | ABSENT                  | ABSENT                | ABSENT                 |
|                                    |                         |                       |                        |
| <b>Total Groups</b>                | 20                      | 20                    | 18                     |
| <b>Present Groups</b>              | 12                      | 11                    | 9                      |
| <b>Active Groups</b>               | 15                      | 15                    | 14                     |
| <b>Inactive Groups</b>             | 5                       | 5                     | 4                      |
| <b>% Present</b>                   | 80%                     | 73%                   | 64%                    |
| <b>Quorum</b>                      | Yes                     | Yes                   | No                     |
|                                    |                         |                       |                        |

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|   |         |         |         |
|---|---------|---------|---------|
| <b><u>EXECUTIVE COMMITTEE</u></b>                     |         |         |         |
| <b>Chair</b>  | PRESENT | PRESENT | PRESENT |
| <b>Vice-Chair</b>                                     | PRESENT | PRESENT | ABSENT  |
| <b>Treasurer</b>                                      | PRESENT | PRESENT | PRESENT |
| <b>Vice-Treasurer</b>                                 | PRESENT | PRESENT | ABSENT  |
| <b>Secretary</b>                                      | PRESENT | PRESENT | PRESENT |
|   |         |         |         |
|   |         |         |         |
| <b><u>SUB-COMMITTEES &amp; OTHER<br/>SERVANTS</u></b> |         |         |         |
| <b>SOTS</b>   | PRESENT | PRESENT | PRESENT |
| <b>ENC</b>  | PRESENT | PRESENT | PRESENT |
| <b>H&amp;I</b>  | PRESENT | PRESENT | PRESENT |
| <b>RCM</b>  | PRESENT | PRESENT | PRESENT |
| <b>VRCC Rep</b>                                       | PRESENT | PRESENT | PRESENT |
| <b>Webservant</b>                                     | PRESENT | PRESENT | PRESENT |