

# **The Beach Area Service Committee of Narcotics Anonymous**

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**Meeting Minutes for April 2018**

**OPEN WITH SERENITY PRAYER**

**READINGS: 12 Traditions and 12 Concepts**

**BASCNA STATEMENT OF PURPOSE:**

**The Beach Area Service Committee of Narcotics Anonymous shall, in accordance with the 12 Traditions and the 12 Concepts of NA, serve all NA meetings who choose to participate.**

**ADMIN ROLL CALL:**

**Chair – Joe B. (Present)**

**Vice Chair – Leah S. (Present)**

**Treasurer – Whitney (Present)**

**Vice-Treasurer – Vacant**

**Secretary – Madison B. (Present)**

**Regional Committee Member (RCM) – Dale R. (Present)**

**Virginia Regional Convention Committee Member (VRCCM) – Vacant**

**Subcommittee Members:**

**Serenity On The Shore (SOTS) Vice Chair – Dale (Chair) Present**

**Emergent Needs Committee (ENC) Chair – Jack (Present)**

**Hospitals and Institutions (H&I) Chair - AJ (Present)**

**\*\*\*Open Forum - 1:20**

Jackie - Area Minutes added to website? Is there a time frame that they should be updated on the website? March is still not on there.

Jack - The old secretary didn't ever email me the minutes from last year.

Chuck - Are we going to do a welcome packet for new GSR's? Do we have a buddy system for new GSR's to sit with people that know what's going on? So that new GSR's have help understanding what's going on here.

Julie B - Is there a PO Box to give people in jail for correspondence so that we don't have to provide our actual addresses?

Chuck - There is a PO Box and also a service through Region.

Joe - The PO Box address for the Beach Area Service Committee is P.O. Box 1377 Virginia Beach, Va 23451.

Dale - Is there any interest in this area of me asking the volunteers that serve inmates in facilities in chesterfield, to come down here and have a presentation so that we can serve here.

Chuck - wants to talk to the contacts in Chesterfield and have them come here and do a presentation for inmate step writing.

Geoff - Motion to close open forum 1:35

## **GROUP ROLL CALL / GROUP REPORTS:**

### **Groups present / Report:**

**Enjoying the Journey / P**

**There's a Light/ P**

**Living the Program / P**

**HOW Group / P**

**Fresh Start / P**

**Saturday Night Live / A**

**Choose Life/ P**

**Sunday Sanity / P**

**Serenity Circle / P**

**Trusted Servants /P**

**Kempsville Crossroads / P**

**The journey Continues / P**

**Hope Ignited/ P**

**Wave of Recovery / A**

**In Times of Illness/ P**

**When at the End of the Road/ P**

### **Groups Absent:**

**Saturday Night Live x 2**

**Wave of Recovery**

### **Groups Not Called:**

**New Groups:**

**New GSR's:**

## **WRITTEN GROUP REPORTS:**

BASCNA,

Hope Ignited is doing well. Meeting attendance is good with an average of 20-30 members per week. Still only 2-3 new comers at each meeting. Maybe 9 a.m. On Sunday mornings is too early. We have a \$20.00 donation for area. 6 of our members expressed willingness to serve on a public relations sub committee.

Thanks,  
Chuck

Saturday Night Live (Ted) would like to let you know that I will be unable to attend BANA or H&I until after July because of training for work. I will be trying to recruit another GSR.

Thanks,  
Ted L.

## **ESTABLISH QUORUM:**

Yes 14/16

## **Approval of Minutes:**

March minutes approved

## **OLD BUSINESS:**

-Rachel C nominated and unanimously elected as Vice Treasurer.

-Nomination for VRCC Rep still needs to go back to the home groups.

## **Tabled Motions:**

*Motion #2* - To replace the current meeting list with the meeting list printed from BMLT. To make webmaster/ENC point of accountability.

Intent- To streamline the printing of meeting lists to be inline with the meeting list on the website. Easier to print.

Motion made by: Jack            2nd by: Shelly G./ Choose Life

Discussion:

Jackie - Where is the info coming from? There are different meetings on the meeting lists from last month and this month. How can we vote on it if it's not the same thing?

- Jack - it comes from the regional database. If everything is being updated then in the next couple of months it will be very accurate. No matter how hard we try, there may always be discrepancies on the meeting lists
- David wants to Table it again.

**Vote Y:11 N:3 A: 0 Motion Passed**

*Motion #3* - To add a PR component to ENC responsibilities. In accordance with the guide to local service.

**Intent-** To carry the message to the addict who still suffers.

**Motion made by:** Jack                      **2nd by:** Shelly G./Choose Life

\*Discussion -

Chuck- My home group thinks this should be its own subcommittee but not through ENC. It needs to be incubated through ENC.

Joe - ENC needs to be authorized through Area to take on any projects.

**Vote Y: 9 N: 2 A: 3 Motion Passed**

### **New Business:**

**Motion #1** Create a web-servant position at the BASCNA Level. Have ENC submit position description and requirements to BASCNA for incorporation into BASCNA policy.

**Intent:** Web-servant is an ongoing effort and should be directly accountable to Area.

**Motion made by :** Hope Ignited

**Vote Y:11 N: 0 A: 3 Motion Passed**

**Motion #2** Have RCM request inmate step writing team from CARNA come to all local long term facilities currently serviced by Areas within the Hampton Roads Metro of Virginia and present inmate step writing program.

**Intent:** Carry out the 5th tradition.

**Motion made by:** Chuck K. **2nd by:** Colden

**Vote Y: 13 N: 0 A: 1 Motion Passed**

## **Committee Reports:**

**CHAIR: (Joe B)-**

Hello Family,

Me and Jack have meet with members of the Peninsula Area PR Subcommittee and have given them all information on the Metro Meeting List. They are very excited about this project and will be bringing to their area today to be voted on. Also I have talked with Harvey, who is the chair of the Outer Limits Area, and will be meeting with him later this month. He was very receptive and

open to the idea of the new meeting list. He has invited me and Jack to next area service meeting to present it.

ILS,  
Joe B.

**VICE CHAIR: (Leah S.)**

Hello Family,

We completed the budget review which is attached to my report. The new accounting is included in the budget which reduces the prudent reserve from \$920.00 to \$767.00. I will be handing off treasurer duties and this will be my last treasurer's report as we now have a newly elected trusted servant to fill that position.

We started with a balance of \$1318.36. We collected \$200.00 in donations. We paid \$50.00 to the RCM for gas reimbursement, \$50.00 to Ocean Lakes Church for rent, \$100.00 to the H & I subcommittee, and \$20.00 to the secretary for two months of printing costs. After, \$767.00 for prudent reserve, \$305.56 for the ENC budget, and this leaves a balance of \$225.80

ILS,  
Leah S.

**Budget Review**

Monthly

- 24.00 printing for meeting lists
- 50.00 for Area Service Rent
- 30.00 RCM printing costs
- 100.00 H & I budget
- 50.00 ENC budget
- 10.00 Secretary printing of five copies of the minutes

Every Two months

- 60.00 or 30.00 per month RCM Gas
- 60.00 or 30.00 per month VRCC Gas

Yearly

- 360.00 a year or 30.00 monthly for VRCC Room and Gas for annual convention costs
- 50.00 or about 4.17 monthly for website
- 160.00 or 15.00 monthly for PO Box

$$24 + 50 + 30 + 100 + 50 + 10 + 30 + 30 + 30 + 4.17 + 15 = 371$$

$$371 \times 2 + 742.00$$

**\$767.00 prudent reserve**

**TREASURER: -**

Dear Family,

Thank you for electing me to be treasurer.

ILS,

Whitney

**VICE TREASURER: (VACANT)**

**SECRETARY: (Madison B.) - No Report**

**RCM: (Dale R.)**

Hello Beach Area:

The Region will next meet April 21st-22nd in Colonial Heights. Saturday the 21st is the GSR assembly. It will be from 11AM-4PM. Lunch will be served. I have flyers for any interested GSRs. It will be at the Econo Lodge, 2310 Indian Hill Rd., Colonial Heights, VA 23834.

In Loving Service,

Dale R

RCM

**VRCC CHAIR: VACANT**

**SOTS Chair: (Dale R.)**

Hello Beach Area:

We have good things coming as we move closer to our campout. We will have pre-campout tank tops available within a week. We have men's and women's styles. Sizes M-L, \$15.00, XL-2X, \$17.50.

The committee would like to thank everyone who attended our bowling night and our pool tournament. We will be hosting a Spiritual Breakfast@Good Shepherd Lutheran Church, Saturday, April 28th, at 10:00AM. \$10. Please come join us for good food, fellowship and to hear an awesome message.

Watch for updates on our website, SOTS [campout.org](http://campout.org). Anything SOTS related can be found here.

Another way to support our campout is by home groups sponsoring a hole at our annual golf tournament. The tournament will be held in August this year. GSRs, speak with your groups, as this is an awesome way to support the campout.

The committee always welcomes anyone who would like to join us. It's a low-key, fun service commitment. We meet the last Sunday of the month@Good Shepherd. Sub-committees meet@5:30 and the regular SOTS meeting begins@6:00.

In Loving Service,

Dale R

Chair

**ENC Chair:**

Subcommittee Meeting Date: April 7, 2018 @ 12:20 pm

Members Present: Jack, Shelly, Annie, Chuck, Philip, Dale, Colden

Opened with the Serenity Prayer. Read Twelve Concepts.

## **Report**

Chuck was elected to lead the New Year's Eve dance project. He will be developing an initial plan including a budget that will be presented at the May ENC / ASC meeting. The plan should include recommendations on where the funds will come from i.e. ASC coffers, fundraisers, etc. We need to ask the body if this will be a one-time event or on-going.

Philip and Annie showed interest in getting involved with the website. Will be getting with them before the next ENC meeting to see where it goes.

Jack met with the Peninsula Area PR subcommittee. They agreed in principle to use the metro meeting list and BMLT. They will be presenting a motion at their next ASC. Created a new website for Peninsula Area.

Jack attended the Tidewater ASC. Tidewater voted to use the Metro meeting list and BMLT.

Joe will be attending the Outer Limits ASC next week to present the Metro meeting list.

There is an ongoing effort by Beach, Tidewater and Peninsula Area trusted servants to update BMLT i.e. metro meeting list with accurate information. Going forward, to keep our meeting list accurate, It will be essential for home groups to report changes to meetings. Especially meetings that have stopped meeting.

For now, the best way to report a meeting change is to use the website contact form.

<https://virginiabeachna.org/contact>

The Beach Area has a new events page and calendar. Which is merged with the Tidewater Area calendar. The merged calendar is on both websites. This will be a useful tool to groups and committees to schedule events on days where there are no conflicting events.

<https://virginiabeachna.org/events/>

## **Elections**

Shelly was voted in as ENC Vice-Chair.

ENC Secretary position is open.

## **Concerns**

Shelly will be facilitating the May ENC meeting in the event I am out of town working.

## **Upcoming Events**

The next ENC meeting will be held on Sat, May 6 @ 12:00 pm. 1200 Dam Neck Rd. Virginia Beach. Please invite anyone that may be interested in doing service. Especially our New Years dance.

In Loving Service,

Jack S, ENC Chair

### **H&I Chair:**

Hello Area,

H&I has completed all it's commitments for the past month.

2 panel leaders have stepped down, we placed them with 2 new panel leaders (all positions filled).

H&I needs to alter its policy to include new positions (Vice Chair and Secretary) and change some verbiage to clarify responsibilities of members of the body.

New Sentara facility opening with in/outpatient services, looking to contact H&I.

Adopted Metro area meeting lists to ensure clients from other areas have access to lists that include meetings from their area.

ILS,

AJ

### **BANA Home Group List**

- 1) Choose Life - Thursday 8:00pm, Virginia Beach Psychiatric Center. Contact: GSR: Shelly G: 757-748-5364**
- 2) Enjoying The Journey - Tuesday 8:00pm, Water's Edge Church. Contacts: Billy B 757-681-4341. GSR: Jackie C. 516-521-9601**
- 3) Fresh Start Saturday Foundry United Methodist Contact Madison B 757-506-6986 GSR: Nicole D 757-708-5113**
- 4) Hope Ignited - Sunday 9:00am, Virginia Beach Recovery Center. Contact: Chuck K. 757-469-9365/ Dale R. 757-202-9693 GSR: Chuck K. 757-469-9365/Ken P. 757-692-5007**
- 5) In Times of Illness - Tuesday 7:30pm, Virginia Beach Psychiatric Center. Contact: Bill S. 757-717- 1815. GSR: Bill S. 757-717-1815**
- 6) Kempsville Crossroads - Friday 8:00pm, Providence Presbyterian Church. Contacts: GSR: Jack S. 407-375-3368**
- 7) Living The Program - Monday 7:30pm, Water's Edge Church. Contacts: Lance G. 757-692-7864, Steve K. 757-715-1075. GSR: Michael R. 757-228-6994**



- 8) Saturday Night Live - Saturday 7:00pm, St. Nicholas Church. Contacts: Ted L. 757-717-2669**
- 9) Serenity Circle - Thursday 7:30pm, Haygood United Methodist Church. Contacts: Trish 757-985-0948. GSR: Anne V. 757-270-1141**
- 10) Sunday Sanity - Sunday 8:00pm, Virginia Beach Psychiatric Center. Contacts: Karla W 757-434-6446 Pat O 757-633-2820. GSR: AJ Rowe 757-434-7196**
- 11) The Journey Continues - Sunday 5:00pm, St. Francis Episcopal Church. Contact: Marcee A. 757-295-6925 GSR**
- 12) Wave Of Recovery - Friday 8:00pm, Virginia Beach Christian Church. Contact: Kelly S. 757-708-0075/Shea P. 757-955-0130. GSR: Rick C. 757-289-2415/Brian B. 757-301-0781**
- 13) When At The End Of The Road - Saturday 5:00pm, St. Francis Episcopal Church. Contact: Donna S. 757-343-5897. GSR: Donna J. 757-831-9493**
- 14) There's A Light - Tuesday 7:00pm, Ocean Lakes Church of God. Contacts: Ian B. 757-717-7900 GSR: Geoff "Little" L. 757-641-3159**
- 15) HOW Group - Friday 8:30pm, Good Shepherd Lutheran Church. Contact: Lance G. 757-692-7864, Neal G. 757-328-6485. GSR: Chris A 757-773-3876**
- 16) Trusted Servants - Wednesday 8:00pm, New Faith Church. Contact: Neil T. 757-951-3826 GSR: Tara D. 757-506-6873**