

The Beach Area Service Committee of Narcotics Anonymous

Meeting Minutes for March 7, 2015

OPEN WITH SERENITY PRAYER

READINGS: 12 Traditions and 12 Concepts

BASCNA STATEMENT OF PURPOSE:

The Beach Area Service Committee of Narcotics Anonymous shall, in accordance with the 12 Traditions and the 12 Concepts of NA, serve all NA meetings who choose to participate.

ADMIN ROLL CALL:

Administrative Committee Members:

Chair – Marji B., absent

Vice Chair – Ben L., present

Treasurer – Joe B., present

Vice Treasurer – Micah L., absent

Secretary – Amanda F., present

Regional Committee Member (RCM) – Ted L., present

Virginia Regional Convention Committee Member (VRCCM) - Dale R., present

Subcommittee Members:

Serenity On The Shore (SOTS) Vice Chair – Steve S., present

Emergent Needs Committee (ENC) Chair – Sam B., present

COMMITTEE REPORTS: [see attached]

OPEN FORUM: [1:30pm – 1:56pm]

-Discussion about creating a new region for our region and that our region is “too big”. Other discussion on how we are carrying the message to areas not as fortunate as ours. This included discussion on our representation at the region level as it is currently.

-Discussion on CAR and being able to vote at the home group level online (very beginning talks of this)

-Discussion on conference calling for Region or World conferences.

-Discussion on RCM alternate

GROUP ROLL CALL / GROUP REPORTS:

Groups present / Report:

- 1) Choose Life / x
- 2) Clean and Serene / x
- 3) Enjoying the Journey / x
- 4) Freedom of Choice / x
- 5) Hope Ignited / x
- 6) HOW Group / x
- 7) In Times of Illness / x
- 8) Kempsville Crossroads / x
- 9) Living the Program / x
- 10) Men's Meeting / x
- 11) Serenity Sisters / x
- 12) Straight Ahead / x
- 13) Sunday Sanity / x
- 14) The Journey Continues / x
- 15) There's a Light / x
- 16) Trusted Servants / x
- 17) Wave of Recovery / x
- 18) When at the End of the Road / x

Groups not present / Absences:

All active groups present

New groups / Report:

- 19) The Write Now Group/ x

WRITTEN GROUP REPORTS: none

ESTABLISH QUORUM: 19/19 Quorum Met

APPROVAL OF MINUTES:

Motion: (made by Tim B., 2nd by Helene T.) to approve February 2015 minutes.

OLD BUSINESS:

Motion : Area shall reimburse any trusted servant that is mandated by policy to travel to fulfill their commitment for their associated expenses

Intent: To be fully self-supporting. To make it easier for members to be able to serve

Motion made by: Men's Meeting

Vote: (11/3/5) Motion passed

Nominations:

ENC Chair: Sam B.

Vote: (18/0/1) Sam B. confirmed as ENC chair

SOTS Vice Chair: Steve S.

Vote: (18/0/1/) Steve S. confirmed as SOTS Vice Chair

NEW BUSINESS:

Motion #1: To have a qualified representative from BANA approach the Chair of Tidewater Area Service Committee about the possibility of planning "Unity Day"

Intent: To support out first Tradition and better serve the sick and suffering addict

Motion made by: Sunday Sanity

- Motion #1 out of order

Motion #2: To establish a literature committee for the Virginia Beach Area

Intent: To have one central location where groups could purchase literature, thereby reducing costs, improving efficiency and the carrying of the message and decreasing duplication of effort.

Motion made by: The Journey Continues

- Motion #2 failed (4/11/4)

Motion #3: For the RCM to bring to region to look into having the CAR and Region and World to have it on an Internet conference call

Intent: To have more ability to have a say

Motion made by: Howard E, 2nd by Shawn B from There is a light

- Motion #3 retracted

MOTION TO CLOSE:

- **Motion:** (Howard E., 2nd Chris B.) to close meeting.

- Motion passed (19/0/0)

Committee Reports:

CHAIR: absent

VICE CHAIR:

BASCNA,

I attended the policy sub-committee meeting on March 7 with 4 addicts in attendance. We reviewed the motions made over the last 6 months and found one change to policy. The next policy meeting will be held August 1 at 11am.

Thanks for letting me serve, Ben L.

TREASURER:

Hi Family,

Our beginning balance for Feb. 2015 is \$2411.38. We collected \$114.00. In donations. We paid rent of \$100.00 (2 months). Reimbursed Teddy A. 30.97 for expenses. Reimbursed Lance G. \$40.00. for meeting list. ENC used \$66.00. for expenses incurred for H&I learning day. And Dale R. Was reimbursed \$132.94. for VRCC expenses.

We have \$166.00. in approved funds for basic texts. Our prudent reserve is \$920.00. We have approved funds of \$484.00. This leaves us with a working balance of \$471.47.

My signing issues with the bank has been resolved. Also I will be conducting a budget review next month prior to area.

ILS,
Joe B.

VICE TREASURER: absent

SECRETARY:

BASCNA,

I sent the approved minutes to the webmaster on February 12th and as of today they are still not uploaded to the website. I will get with Lance to see what can be done to remedy this and ensure the minutes are up-to-date on the website.

Gratefully,
Amanda F.

RCM:

Beach Area of Narcotics Anonymous.

Area Service March Meeting. March 6, 2015. 1pm

Our CARNA Regional Service committee meeting that was to be held in Charlottesville on February 21, 2015 was canceled due to weather. (snow) I wrote and submitted a BANA area report to include our last two sets of BANA's Area service meetings' minutes. I attached a file copy to the internet version of this report. Anyone may request these reports by e-mail. I have not been notified of any make-up CARNA Regional meeting at this time.

Our next scheduled Regional meeting is scheduled for; **April 18 & 19, 2015. 2 day Event-Quad 2-Gateway to Freedom.** **GSR Assembly-Sat 10 am.** Friendship Haven Church

248 Williams St. Cumberland, MD 21502.

173rd Region Service Conference - 10:00 am. Ramada Cumberland Downtown

100 S. George St., Cumberland, DM 21502

I will not be able to attend this particular 2 day Quad event because of a previous scheduled trip. And with this predicament I would like to ask the GSRs for the creation and nomination for a RCM Alt. This is to ensure a smooth transition for the next RCM next year and thereafter. Now, for a example as to whether we as an area may discuss if we wish to continue belonging to such a far flung Region; The financial costs for myself would have been close to \$200.00 for a 2 night stay in a hotel. This is a 350 mile 6 hour drive (each way), the gas and per diem would be \$100.00 a day. BTW all GSR's are encouraged to attend these GSR Assemblies. (do the math)

The Greater Philadelphia Region (although not "recognized") is a member of our Autonomy Zone and is smaller than the City of Virginia Beach. If we engaged with surrounding areas and established our own Region we could have an increase in the participation of our GSR's and regional service members, plus with the savings from travel and lodging costs we could better fulfill our primary purpose "serving the still suffering addict".

Also, I know I'm not alone into looking into reviewing and voting on CAR related topics and Literature changes by registered Home Groups directly through the internet. This could cut costs and increase participation of NA members.

I strongly encourage everyone to come out and support our Service Learning Day on March 21, 2015. I only ask to be reimbursed for the copying costs of the report to BANA GSR's and admin.

In Loving Service, Ted L RCM BANA

Ted L. BANA RCM

VRCC CHAIR:

no report

SOTS VICE CHAIR:

3/7/15

Serenity on the shore

Vice chair report

Hello family

At our last committee meeting we discovered that the 2013 Year end financial report and a donation to Bana was never forwarded. The 2013 committee was unable to finish out its year end business on time and present a financial report to this committee. It then became the responsibility of the 2014 committee to review the 2013 year end financial report and make a

donation to BANA. The treasurer's report was never received by the sots committee until march of the 2014 and we then found that the 2014 committee overlooked it's responsibility to follow with a financial Report and donation to the bana area'

The Serenity on the shore Policy States that the sorts committee is to present the bana

area service committee with a year end financial report and a donation. the donation is based on the remaining balance of the campout after expenses minus prudent reserve of \$ 3000.00. after the prudent reserve is deducted Bana is to receive 45% of the balance.

The 2015 committee will remain accountable for the donation that the Bana area should have received. The committee has made a commitment to honor its responsibility and present the donation that should have been forwarded.

Please understand that the 2015 sots committee is starting under prudent reserve but our goal will be to forward a donation before the years end.

We will be holding our first fundraiser, a sponsor sponsee breakfast on Saturday April 25 at Virginia beach Christian church from 10 am to 12 pm , we will be serving breakfast and having 2 speakers so please come out and support this fundraiser .

We will be moving our meeting place from Virginia beach psychiatric too Good shepherd church off Laskin road and holding a policy review meeting April 5 th at 4 o'clock as well as our regular meeting at 5 o'clock !! everyone is welcome to attend and take part as well as join the SOTS committee

Thank you for the privilege to serve
Love Steve S

ENC CHAIR:

ENC Chair Report

3/7/2015

BASCNA,

The Emergent Needs Committee met Friday, March 6, 2015 with six addicts in attendance. There were no new tasks given to the ENC at last month's area service committee meeting. As an update to the body on the projects that are currently underway, we offer the following:

The web servant and other ENC members will be meeting the weekend of March 14th to work on updating the website aesthetics and functionality. Any addicts wishing to participate are welcomed to attend.

The Narcotics Anonymous public relations television commercial is in the process of being reformatted to adapt to older television models. Once this is complete the commercial will be aired on channel 10. We have yet to receive any responses from any of the other local television networks that that we have reached out to.

The BANA – Tidewater joint picnic was approved by this body, but was sent back to the home groups at the Tidewater Area Service meeting. We are awaiting their decision before any further action is taken. The Service Learning Day will be held Saturday, March 21 at the Good Shepherd Lutheran Church at 2:00.

Please spread the word to all addicts that may be interested in attending. There will be free food, speakers, and fellowship.

The regional H and I committee is conducting live audio meetings that are being shared with many of the region's inmates at various institutions. This is a great way for anyone looking to serve H and I to get involved. We will be adding the link to these prerecorded meetings to the area website, and we are going to pursue this as an avenue for getting the message of Narcotics Anonymous into Virginia Beach Correctional Center. The following is in regards to accessing and participating in the weekly phone meetings:

To call in dial: [855-265-2285](tel:855-265-2285)

To listen online: www.uberconference.com/hicarna

Contact Chuck K. for further information.

The Emergent Needs Committee meets each Friday directly preceding the Area Service Committee meeting at the Good Shepherd Lutheran Church at 7:15. All addicts interested in serving are encouraged to attend.

Gratefully,
Sam B.

ENC Chair

Home Group Reports:

none

BANA Home Group List

ACTIVE:

- 1) **Choose Life** - Thursday 8:00pm, Virginia Beach Psychiatric Center. Contact: Phil S. 757-771-6763.
GSR: Whitney Y. 757-714-1121
- 2) **Clean And Serene** - Sunday 8:15pm, Bayside Baptist Church. Contacts: Mike S. 757-618-3221, Craig W. 757-395-9999. **GSR:** Chris B. 757-266-1642
- 3) **Enjoying The Journey** - Tuesday 8:00pm, Water's Edge Church. Contacts: Billy B. 757-681-4341.
GSR: Steve S. 757-237-6823
- 4) **Freedom Of Choice** - Saturday 8:00pm, Church of the Ascension. Contact: James P. 757-619-2273.
GSR: Dee H. 757-575-2041
- 5) **Hope Ignited** - Sunday 9:00am, Virginia Beach Recovery Center. Contact: Chuck K. 757-469-9365.
GSR: Sean M. 757-802-2440
- 6) **HOW Group** - Friday 8:30pm, Good Shepherd Lutheran Church. Contact: Lance G. 757-692-7864, Tim L. 757-472-1690. **GSR:** Kathleen G. 757-642-3823
- 7) **In Times of Illness** - Tuesday 7:30pm, Virginia Beach Psychiatric Center. Contact: Bill S. 757-717-1815. **GSR:** Bill S. 757-717-1815

8) **Kempsville Crossroads** - Friday 8:00pm, Providence Presbyterian Church. Contacts: Daniel 757-418-1690, Mark N. 757-478-1839. **GSR:** Jeff N. 757-469-1633

9) **Living The Program** - Monday 7:30pm, Water's Edge Church. Contacts: Lance G. 757-692-7864, Steve K. 757-715-1075. **GSR:** Patrick G. 757-636-2412

10) **Men's Meeting** - Saturday 6:00pm, 2225 Rose Hall Dr. Contact: Ty G. 757-652-1150. **GSR:** Alex R. 757-297-6936

11) **Serenity Sisters** - Thursday 7:30pm, Haygood United Methodist Church. Contacts: Tracy B. 757-407-2661, Trish 757-575-9350. **GSR:** Jennifer M. 757-352-0870

12) **Straight Ahead** - Wednesday 7:15pm, Christ Presbyterian Church. Contacts: Chris P. 757-535-7227. **GSR:** Helene T. 973-454-1136

13) **Sunday Sanity** - Sunday 8:00pm, Virginia Beach Psychiatric Center. Contacts: Mary P. 757-739-1726, John 757-567-6395. **GSR:** Adam T. 757-692-6332

14) **The Journey Continues** - Sunday 5:00pm, St. Francis Episcopal Church. Contact: Donna V. 757-619-3737. **GSR:** Erinn M. 757-277-3422

15) **The Write Now Group** – Friday 12:00pm, Kempsville Rd Licensure School. Contact: Christine O. **GSR: Kristine H. Alt:** Loretta B. 757-935-7021

16) **There's A Light** - Tuesday 7:00pm, Ocean Lakes Church of God. Contacts: Geoff L. 757-641-3159, Robert S. 757-816-2777. **GSR:** Shawn B. 757-343-5307

17) **Trusted Servants** - Wednesday 8:00pm, New Faith Church. Contact: Ben N. 757-270-0264. **GSR:** Barbara H. 845-905-9126

18) **When At The End Of The Road** - Saturday 5:00pm, St. Francis Episcopal Church. Contact: Donna V. 757-619-3737. **GSR:** Lucinda W. 757-309-5071

19) **Wave Of Recovery** - Friday 8:00pm, Virginia Beach Christian Church. Contact: Pat C. 757-735-8934. **GSR:** Pat C. 757-735-8934

INACTIVE (3 or more consecutive absences):

1) **Awkward Group** - Friday 10:30pm, "Wandering Meeting", call for location. Contact: Michael W. 757-961-3156. **GSR:** Mike W. 757-916-3156

2) **Shattering The Illusions** - Thursday 7:00pm, St. Michel Lutheran Church. Contacts: Deedee A. 757-560-5596, Bryan M. 757-635-7414. **GSR:** Peggy

3) **Visible Changes** - Wednesday 12:00pm, Emmanuel Episcopal Church. Contact: Arden M. 757-737-4005. **GSR:**