

[illegible]

HAMPTON ROADS METRO MEETING LIST



Meeting Format Legend			
BT	Basic Text	C	Closed
M	Men	O	Open
TW	Traditions Workshop	W	Women
AB	Ask-It-Basket	ME	Meditation
BEG	Beginners	CAN	Candlelight
DISC	Discussion	IP	IP Study
IW	It Works Study	JFT	Just for Today Study
VAR	Format Varies	SPK	Speaker
SWG	Step Working Guide Study	STEP	Step
TOP	Topic	TRAD	Tradition
CPT	12 Concepts	WC &	Wheelchair
F2F	Face 2 Face	VM	Virtual Web Meeting
HY	Hybrid Physical/Virtual	LIT	Literature Study
PH	Phone Meeting	BUS	Public Transportation
CH	Closed Holidays	ENG	English speaking
LC	Living Clean Study	SPAD	Spiritual Principle A Day Book Study
WR	Writing Meeting		
SUNDAY			
9:00AM	Hope Ignited (O,DISC,WC &) Virginia Beach Recovery Club, 1900 Baltic Avenue, <i>David D 757-971-8753 **Old start time as of 5/4/2025**</i>		Virginia Beach
9:30AM	Surrender To Live (O,WC &) 329 Main St, <i>Dee 757-503-0739 Rodney F 757-503-5281</i>		Newport News
10:00AM	NA-meless (O,DISC) Scout Cabin, 3605 Winchester Dr, <i>Thomas K 757-393-2009 Chris L 757-975-1936</i>		Portsmouth
11:00AM	We Need A Meeting (O,VAR,WC &) 4700 George Washington Hwy, <i>Donna 757-535-5895</i>		Portsmouth
1:00PM	Living Clean (O,WC & ,LIT) A Place To Meet, Study meeting from the Living Clean book, 7055 Linda Circle, <i>Paul S. 757-293-9446</i>		Hayes
2:00PM	The No Matter What Club (O) St Francis Episcopal Church, 509 S Rosemont Rd, <i>Trish F 757-985-0948</i>		Virginia Beach
3:00PM	Wecovery (O,VAR) Great Bridge United Methodist Church, 201 Stadium Drive, <i>Jade 757-560-6285 Mike S 757-230-8854</i>		Chesapeake
6:00PM	It's About Time (O,SPK,WC &) Norview United Methodist Church, 1112 Norview Avenue, <i>Jay J 757-227-8025 Charles M 757-735-8511</i>		Norfolk
6:00PM	Refuge Recovery (DISC,WC & ,ENG,LIT) 504 N Main Street, <i>Dwight 804 577 3525 Rhonda W 804 654 9442 Delano 804 238 8167</i>		Kilmarnock
6:00PM	Sunday Sanity (O,BT,DISC,IP) VB Psych Center, In Cafeteria, 1100 First Colonial Rd, <i>Shelly G 757-748-5364, Pat O 757-633-2820</i>		Virginia Beach
7:00PM	A Gift Called Life (O,WC &) Warwick United Church of Christ, 10 Matoaka Lane, <i>Nadine 757-751-4680 David H 757-214-2770</i>		Newport News
7:00PM	A Resentment and a Coffee Pot (O,DISC) St. Georges Episcopal Church, 15446 Warwick Blvd, <i>Yahsh W 757-715-1586 Thomas Q 757-274-8496</i>		Newport News
7:00PM	New Phase Four (O,DISC,SPK,TOP) St. John's Episcopal Church, 424 Washington Street, <i>Ron E 757-582-1070, Sam G 757-353-2096</i>		Portsmouth
7:00PM	Over & Beyond (O,LIT) St. Philip's Chapel, West side of Street, 201 S McMorrine St, <i>Michael S 757-359-8841</i>		Elizabeth City
7:00PM	Recovery Group (O) Wesley United Methodist Church, 2510 N Armistead Ave, <i>William S 757-236-6170 Dave R 757-218-2595</i>		Hampton
8:00PM	Mixed Group (O,DISC) First Lutheran Church, 1301 Colley Ave, <i>Mike J 757-409-1676</i>		Norfolk
9:00PM	Cloud 9 (O,VM) Aerock P 757-434-3468 Suddy 336-707-5900		Williamsburg
MONDAY			
9:30AM	Morning Meditation (O,WC &) EZ Does It Service Center, 1153 Harmony Rd		Norfolk
9:30AM	Morning Meditation Literature (O,VAR,VM,LIT)		Norfolk
10:00AM	Get Back Up (IP,JFT) West End Baptist Church, Side Rear, 2413 Shell Rd, <i>Michelle C 757-759-1317</i>		Hampton

FRIDAY (CONT)			
9:00PM	Cloud 9 (O,VM) Aerock P 757-434-3468 Suddy 336-707-5900		Williamsburg
10:30PM	End of the Night (O,DISC) Old Donation Episcopal Church, No Smoking on Church Campus, 4449 N Witchduck Rd, <i>Melinda J 757-401-3395</i>		Virginia Beach
SATURDAY			
9:30AM	Morning Meditation (O,DISC,VAR,WC &) EZ Does It Service Center, 1153 Harmony Road		Norfolk
9:30AM	Morning Meditation Literature (O,VAR,VM,LIT)		Norfolk
10:00AM	Fresh Start (O) Christ Presbyterian Church, 709 Aragona Blvd, <i>Madison B 757-506-6986 Sherry R 757-406-9175</i>		Virginia Beach
10:00AM	No More Excuses (O,BT,IP,IW,WC & ,LC,SPAD) Warwick United Church of Christ, 10 Matoaka Lane, <i>William K. 757-768-0886</i>		Newport News
10:00AM	The Gift of Hope (O,WC &) Churchland Baptist Church, By the cemetery thru the red double doors, upstairs., 3031 Churchland Blvd, <i>Anthony H 757-343-5006 Sandy B 757-737-2176</i>		Chesapeake
NOON	Basic Math 12 & 12 (O,SPK,STEP,TRAD) First Baptist Church, 500 E Bute Street, <i>Carlton D 757-515-3331</i>		Norfolk
NOON	Bridge to Recovery (O) Bridge Church, 1244 Executive Blvd, <i>Justin H 804-738-1784 **Starts June 22nd**</i>		Chesapeake
2:00PM	High Noon (O,BT,IW,CPT,LIT) Recovery Baptist Church, 2nd & 4th Saturdays ONLY, 303 Blair Ave, <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>		Newport News
3:00PM	Back to Life (O,BT,DISC,SPK,TRAD) First Lutheran Church, 1301 Colley Ave		Norfolk
5:00PM	When at the End of the Road (O,DISC) St Francis Episcopal Church, 509 S Rosemont Road, <i>Rob C 757-334-7718</i>		Virginia Beach
6:00PM	Saturday Night Alternative (O,WC &) First Presbyterian Church, 514 S Armistead Avenue, <i>Shanequa L 757-327-2381 Denise K 757-660-1118</i>		Hampton
6:00PM	Saturday Night Men's Meeting (C,DISC) Good Shepherd Lutheran Church, 1489 Laskin Road, <i>Jamie T 757-803-7986</i>		Virginia Beach
7:00PM	Back to Basics (O,BT,DISC,IP,SPK) Portsmouth UCC, 5900 Portsmouth Blvd, <i>Mike K 757-974-4029 Charlie J 757-620-3895</i>		Portsmouth
7:00PM	Life & Hopeline (O,DISC,STEP) Sentara Obici Hospital, 2800 Godwin Boulevard, <i>Maryann B 609-712-3107</i>		Suffolk
7:00PM	Never Alone (O,WC &) Hillton Christian Church, Meets at 7pm as of 2/11/23, 100 James River Drive, <i>Ray D 757-303-4533</i>		Newport News
7:00PM	Saturday Night Live (O) St. Nicholas Fellowship Hall, 621 First Colonial Road, <i>Ted L 757-717-2669</i>		Virginia Beach
8:00PM	Freedom of Choice (O,DISC,STEP) Church of the Ascension, 4853 Princess Anne Rd, <i>James P 757-619-2273</i>		Virginia Beach
8:00PM	Surrender to Live (O,BT,DISC,WC &) Ocean View Christian Reformed Church, 1241 Hillside Ave, <i>Fred R 757-695-6500</i>		Norfolk
9:00PM	Cloud 9 (O,VM) Aerock P 757-434-3468 Suddy 336-707-5900		Williamsburg
9:30PM	The Point of Freedom (O,STEP,TRAD,WC & ,LIT) Freemason Street Baptist Church, 400 E Freemason St, <i>Tuan N 757-788-4757</i>		Norfolk

THURSDAY (CONT)			
7:00PM	Keep the Fire Burning (O,CAN,DISC,SPK) Bethany United Methodist Church, Back of church Wesley Hall, 1509 Todds Ln, Ashli H 757-817-8721 Theo S 757-810-5123		Hampton
7:00PM	Over & Beyond (O,DISC) St. Philip's Chapel, 201 S McMorine St, Michael S 757-359-8841		Elizabeth City
7:00PM	Shattering the Illusion (O,BT) St. Michaels Lutheran Church, 2208 Princess Anne Rd, Kristine A 757-202-2702, Ty H 757-235-3175		Virginia Beach
7:30PM	Another Chance to Live (O) Benn's United Methodist Church, 14571 Benns Church Blvd, Tom N 757-658-1498		Smithfield
7:30PM	Second Chance (O,DISC,STEP,TW) Great Bridge United Methodist Church, 201 Stadium Drive, Louie L 757-560-8172		Chesapeake
7:30PM	The Language of Empathy (O,DISC) Nags Head Church, 105 W Soundside Rd, Carly E 336-251-7158		Nags Head
8:00PM	Choose Life (O,DISC) St. Nicholas Greek Orthodox Church, 621 First Colonial Rd., Tony C 757-502-5310 Kristen H 757-837-5132		Virginia Beach
8:00PM	Junks & Drunks (O,STEP) Ocean View Christian Reformed Church, 1241 Hillside Ave, Ed S 757-435-9526		Norfolk
9:00PM	Cloud 9 (O,VM) Aerock P 757-434-3468 Suddy 336-707-5900		Williamsburg
10:30PM	End of the Night (O,DISC) Old Donation Episcopal Church, No Smoking on Church Campus, 4449 N Witchduck Rd, Melinda J 757-401-3395		Virginia Beach
FRIDAY			
9:30AM	Morning Meditation (O,WC &) EZ Does It Service Center, 1153 Harmony Road		Norfolk
9:30AM	Morning Meditation Literature (O,VAR,VM,LIT)		Norfolk
NOON	A Meeting at Lunch (O) First Presbyterian Church, Leftside rear door, 514 S Armistead Ave, Eugene 757-358-1709 Bryan 267-939-6415		Hampton
NOON	Check up From the Neck Up (O,VM) Hanifah 571-546-4684		Hampton
NOON	The Continuing Quest (O,DISC,SPK,SWG) First Lutheran Church, 1301 Colley Ave, Eddie C 757-816-4986		Norfolk
NOON	Write Now (O,JFT,SWG,ME,WR) Providence Presbyterian Church, 5497 Providence Rd, Writing during meeting, Fred R 757-695-6500		Virginia Beach
2:00PM	High Noon (O,BT,IW,CPT,LIT) Recovery Baptist Church, 303 Blair Ave, Teresa F. 757- 269-1707 Mildred D. 757-236-9021		Newport News
7:00PM	12 +12 = Change (O,WC &) Sentara Hospital, Meets In the Conference Center, 100 Sentara Cir, Thayne F. 757-603-2131		Williamsburg
7:00PM	Agape (O,DISC,IP,STEP,TW) St. Paul's United Methodist Church, 437 Providence Rd, 1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494		Chesapeake
7:00PM	Closer To Home (O,DISC,WC &) Riverside Walter Reed Hospital, 7519 Hospital Drive, Janet P 804-466-1515		Gloucester
7:00PM	Keep Coming Back (O,WC &) Newport News Community Center, 605 South Avenue, Michelle H. 757-751-2528		Newport News
7:30PM	Better Days (O,CAN,DISC,AB) Church Of Saint Therese, 4137 Portsmouth Blvd, Joe W 757-536-7337		Chesapeake
7:30PM	Good Orderly Direction (O) 10 Matoaka Ln, Jeff H 757-630-3806 Alex C 757-303-6049		Newport News
7:30PM	HOW Group (C,DISC) Good Shepherd Lutheran Church, 1489 Laskin Road, Scott P 304-218-1468 Ann V 757-270-1141		Virginia Beach
7:30PM	Miracles Happen (O) St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, Scott D 252-267-0060		Nags Head
8:00PM	Kempsville Crossroads (O,DISC,WC &) Providence Presbyterian Church, 5497 Providence Road, Mark N 757-478-1839		Virginia Beach
8:00PM	The Miracle Continues (O,STEP) Azalea Baptist Church, 3314 E Little Creek Rd, Nesbit 757-620-8804		Norfolk
8:00PM	Wave of Recovery (O,DISC) Bayside Presbyterian, 1400 Ewell Rd, Pat C 757-619-1976		Virginia Beach

MONDAY (CONT)			
NOON	A Meeting at Lunch (O,VAR,WC &) First Presbyterian Church, Leftside rear door, 514 S Armistead Ave, Eugene 757-358-1709 Bryan 267-939-6415		Hampton
NOON	Check up From the Neck Up (O,VM) Hanifah 571-546-4684		Hampton
NOON	Keep Coming Back (O,DISC,VAR) New First Baptist Church of Taylorsville, 2720 Turnpike Road, Francis P 757-679-1151 Judice P 757-228-8678		Portsmouth
NOON	More Will be Revealed (O,DISC) Serenity House, 300 Pearl Street, Michael S 757-359-8841		Elizabeth City
2:00PM	High Noon (O,BT,IW,CPT,LIT) Recovery Baptist Church, 303 Blair Ave, Teresa F. (757) 269-1707 Mildred D. (757) 236-9021		Newport News
3:00PM	Change I Must Or Die I Will (O,VAR) Empowered Believers Church, 3315 Mercury Blvd, Renee 215-370-2186 Lawrence W 718-594-2998		Hampton
6:00PM	Monday Meditation (C,CH,ME) Community United Methodist Church, On hiatus - call for info, 1072 Old Kempsville Rd, Jon B 757-635-4318		Virginia Beach
6:30PM	New Attitude (O,WC &) Trinity United Methodist Church, 228 29th St, Rose F. 757-593-0104 Debbie S. 757-310-2914		Newport News
7:00PM	Clean & Serene (O,BT,DISC) Riverside United Methodist Church, 1400 Edgewood Drive, John J 252-377-2405 Jason G 252-312-5318		Elizabeth City
7:00PM	Monday Night Candlelight (O,BT,CAN,WC &) Haygood United Methodist Church, 4713 Haygood Rd, Thomas M 757-637-5539		Virginia Beach
7:00PM	New Beginnings (O,WC &,LC) Churchland Baptist Church, 3031 Churchland Blvd, Badrunnisa K 443-847-4738 Coy D 757-981-5090		Chesapeake
7:00PM	Running on Faith (O) Carrollton Holiness Church, 16144 Carrollton Blvd, Derek L 802-922-0119		Carrollton
7:30PM	Freedom to Live (O) Liberty Christian Fellowship, 244 Williams Dr, Lauren M 252-722-5774		Kill Devil Hills
7:30PM	Here and Now (O,BT,DISC,VAR,TOP,LIT) St Mark's United Methodist Church, 99 E. Mercury Blvd., Allen M 941-564-5882		Hampton
7:30PM	Living The Program (O,BT,DISC,PH) Water's Edge Church of God, 4141 Holland Road, Frank G 757-933-0999 Rebekah D 203-444-1845		Virginia Beach
8:00PM	Recovery on the Hill (O,BT,CAN,IP,SPK,WC &) Ocean View Christian Reformed Church, 1241 Hillside Avenue, Fred R 757-695-6500		Norfolk
8:30PM	Who Is An Addict? (O) Triangle Stepping Stones, 3279 Lake Powell Rd, Michele C 757-707-7750		Williamsburg
9:00PM	Cloud 9 (O,VM) Aerock P 757-434-3468 Suddy 336-707-5900		Williamsburg
10:30PM	End of the Night (O,DISC,LIT) Old Donation Episcopal Church, No Smoking on Church Campus, 4449 N Witchduck Rd, Melinda J 757-401-3395		Virginia Beach
TUESDAY			
9:30AM	Morning Meditation (O,DISC,VAR,WC &) EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road		Norfolk
9:30AM	Morning Meditation Literature (O,VAR,VM,LIT)		Norfolk
NOON	A Meeting at Lunch (O) First Presbyterian Church, Leftside rear door, 514 S Armistead Ave, Eugene 757-358-1709 Bryan 267-939-6415		Hampton
NOON	Check up From the Neck Up (O,VM) Hanifah 571-546-4684		Hampton
NOON	The Emergency Unit (O,BT,DISC,F2F) Portsmouth UCC, 5900 Portsmouth Blvd, Johnny D 757-287-4430		Portsmouth
2:00PM	High Noon (O,BT,IW,CPT,LIT) Recovery Baptist Church, 303 Blair Ave, Teresa F. 757-269-1707 Mildred D. 757-236-9021		Newport News
5:30PM	Mensrap (O,M) Norview United Methodist Church, 1112 Norview Avenue, Joseph L 757-560-4023		Norfolk
5:30PM	Serenity Group (O,VM) Renee C. 757-637-8230		

TUESDAY (CONT)		
6:30PM	Life & Hopeline (O) St Paul's Episcopal Church, 213 N Main St, <i>Charles A 757-351-5855</i>	Suffolk
7:00PM	A New Way of Life (O,JFT,WC &) A Place To Meet, 7055 Linda Circle, <i>Paul S 757-293-9446 Janet P 804-466-1515</i>	Hayes
7:00PM	A Proven Program (O) Liberty Live Church, 8201 Croaker Road, <i>Dave H. 757-207-1154, Beth R. 804-332-4970</i>	Williamsburg
7:00PM	Earthbound Group (O,DISC) Emmanuel Episcopal Church, Meeting is in the back, in basement., 400 N High Street, <i>Stephen B 757-613-5531</i>	Franklin
7:00PM	Let It Be (O,DISC,LIT) Ocean View Christian Reformed Church, 1241 Hillside Ave, <i>Jessica H 757-822-4559</i>	Norfolk
7:00PM	New Genesis (O,SPK,STEP,LIT) Wesley United Methodist Church, 2510 N Armistead Avenue, <i>Kayla E. 757-771-7493 Dylan B. 757-871-0958</i>	Hampton
7:00PM	Over & Beyond (O,VAR) St. Philip's Chapel, 201 S McMorris St, <i>Michael S 757-359-8841</i>	Elizabeth City
7:00PM	Stick & Stay (O,DISC) Colington Methodist Church, 1949 Colington Rd, <i>Gene S 252-267-2823</i>	Kill Devil Hills
7:00PM	We Can Change (O,BEG,BT,DISC,IW,VAR,SPK,AB,LIT) Wesley Grace United Methodist Church, 288 E Little Creek Rd, <i>Leo C 757-285-2007</i>	Norfolk
7:30PM	Awesome Life (O,CAN,DISC,IP) Great Bridge United Methodist Church, 201 Stadium Drive, <i>Carrie L 757-560-8177</i>	Chesapeake
7:30PM	There's A Light (O,DISC) Ocean Lakes Church of Christ, 1200 Dam Neck Road, <i>Geoff L 757-641-3159</i>	Virginia Beach
8:00PM	A Gift Called Life (O,BT) Portsmouth UCC, 5900 Portsmouth Blvd, <i>Brian L 757-619-7375, Sean H 757-438-1688</i>	Portsmouth
8:00PM	Enjoying the Journey (O,DISC,SPK,STEP,TOP) Water's Edge Church of God, 4141 Holland Road, <i>Billy B 757-681-4341</i>	Virginia Beach
8:15PM	Let's Recover Together (O) Hampton Christian Church, 151 East Mercury Boulevard, <i>Tim E. 757-725-4636 Sissy O. 661-345-3206</i>	Hampton
9:00PM	Cloud 9 (O,VM) Aerock P 757-434-3468 Suddy 336-707-5900	Williamsburg
10:30PM	End of the Night (O,DISC,LIT) Old Donation Episcopal Church, No Smoking on Church Campus, 4449 N Witchduck Rd, <i>Melinda J 757-401-3395</i>	Virginia Beach
WEDNESDAY		
9:30AM	Morning Meditation (O,WC &) EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road	Norfolk
9:30AM	Morning Meditation Literature (O,VAR,VM,LIT)	Norfolk
NOON	A Meeting at Lunch (O) First Presbyterian Church, Leftside rear door, 514 S Armistead Ave, <i>Eugene 757-358-1709 Bryan 267-939-6415</i>	Hampton
NOON	Check up From the Neck Up (O,VM) Hanifah 571-546-4684	Hampton
NOON	Visible Changes (O,DISC) Emmanuel Episcopal Church, 5181 Singleton Way, <i>Perry C 757-752-2070</i>	Virginia Beach
2:00PM	High Noon (O,BT,IW,CPT,LIT) Recovery Baptist Church, 303 Blair Ave, <i>Teresa F. 757- 269-1707 Mildred D. 757- 236-9021</i>	Newport News
5:30PM	Just For Today (O,DISC,IP,SPK,STEP) First Lutheran Church, 1301 Colley Ave, <i>Bill A 757-647-7707</i>	Norfolk
5:30PM	Midweek Peak (O,DISC,WC &) Thalia Lynn Baptist Church - Door 1, 4392 Virginia Beach Blvd, <i>Jon B 757-635-4318 Lori W 757-309-9631</i>	Virginia Beach
6:00PM	The Group (O,STEP) All Saints Episcopal Church, 10th Step meeting in Pinder Hall, 1969 Woodside Ln, <i>Palmer R 757-537-9658</i>	Virginia Beach
6:30PM	Serenity In The Sand (Seasonal May-Sept Only) (O,DISC,VAR) Community Beach Park - Leftmost Beach area, On the Beach, Bring a chair or blanket!, 700 E Ocean View, <i>Nadia H 757-285-5867</i>	Norfolk
7:00PM	Bright New Life (O,STEP) Franklin Baptist Church, 208 N High Street, <i>DeWayne L 757-641-8022</i>	Franklin

WEDNESDAY (CONT)		
7:00PM	End Of The Road (O,WC &) 1707 Jefferson Avenue, <i>Glen N. 757-272-5790 Ernest W. 757-367-2476</i>	Newport News
7:00PM	Hope (O) 10 Matoaka Ln., <i>Will D. 757-768-7954</i>	Newport News
7:00PM	Hugs Not Drugs (O,DISC) Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road, <i>Sarah 757-727-3582</i>	Hampton
7:00PM	Surrender and Recovery (O,BT) Portsmouth UCC, 5900 Portsmouth Blvd, <i>Edwin P 757-839-7806</i>	Portsmouth
7:00PM	Who Is An Addict? (O) Triangle Stepping Stones, 3279 Lake Powell Rd, <i>Michele C 757-707-7750</i>	Williamsburg
7:15PM	Straight Ahead (O,DISC,STEP) Christ Presbyterian Church, 709 Aragona Blvd, <i>Chris P 757-535-7227</i>	Virginia Beach
7:30PM	Life & Hopeline (O,WC &) Suffolk Christian Church, by courthouse, 216 North Main St., <i>Robert B 757-738-6253</i>	Suffolk
7:30PM	Miracles Happen (O,DISC,STEP,TW) St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, <i>Scott D 252-267-0060</i>	Nags Head
8:00PM	Better by the Bay (O,BT,DISC,WC &) Miles Memorial United Methodist Church, 9450 Granby Street, <i>Ryan D 757-651-5316</i>	Norfolk
8:00PM	Trusted Servants (O,DISC) Red Church, 315 S Rosemont Rd, <i>Angel S 757-451-9207</i>	Virginia Beach
8:00PM	Where's Lot 14? (O,DISC) Sentara Norfolk General Hospital, Brickhouse Auditorium, 2nd floor, Conf Rm 2, 600 Gresham Drive, <i>Gary 757-567-4158</i>	Norfolk
9:00PM	Cloud 9 (O,VM) Aerock P 757-434-3468 Suddy 336-707-5900	Williamsburg
9:00PM	Stepping into Recovery (O,DISC,WC & ,LIT) Old Donation Episcopal Church, 4449 N Witchduck Road, <i>Mary P 757-739-1726</i>	Virginia Beach
10:30PM	End of the Night (O,DISC) Old Donation Episcopal Church, No Smoking on Church Campus, 4449 N Witchduck Rd, <i>Melinda J 757-401-3395</i>	Virginia Beach
THURSDAY		
9:30AM	Morning Meditation (O,DISC,VAR,WC &) EZ Does It Service Center Off N. Military Hwy. & Raby Rd, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road	Norfolk
9:30AM	Morning Meditation Literature (O,VAR,VM,LIT)	Norfolk
NOON	A Meeting at Lunch (O) First Presbyterian Church, Leftside rear door, 514 S Armistead Ave, <i>Eugene 757-358-1709 Bryan 267-939-6415</i>	Hampton
NOON	Check up From the Neck Up (O,VM) Hanifah 571-546-4684	Hampton
NOON	Reason To Believe (O,BT,DISC) Church Of Saint Therese, Masks Required, 4137 Portsmouth Blvd, <i>Johnny D 757-287-4430</i>	Chesapeake
2:00PM	High Noon (O,BT,IW,CPT,LIT) Recovery Baptist Church, 303 Blair Ave, <i>Teresa F. 757- 269-1707 Mildred D. 757- 236-9021</i>	Newport News
5:30PM	Surviving Our Emotions (C,W,WC &) Norview United Methodist Church, 1112 Norview Avenue, <i>Takecha J 804-218-7208</i>	Norfolk
6:30PM	Got to Have It (O,BT,IP,SPK,STEP,WC &) Gethsemane Baptist Church, 1317 E Brambleton Ave, <i>Juanita S 757-685-8848</i>	Norfolk
6:30PM	Living as Men (O,M,VAR,WC & ,ENG,F2F,BUS) Recovery Baptist Church, 303 Blair Ave, <i>Ernie J. 908-494-2383</i>	Newport News
6:30PM	Still ill (C,DISC) VB Psych Center, No access through main entrance. Use door to left of main entrance., 1100 First Colonial Rd, <i>for those struggling with mental illness in recovery</i>	Virginia Beach
7:00PM	Crossing Rivers (O,DISC,VAR) Harmony Grove Baptist Church, 7722 General Puller Highway, <i>Dwight N 8045773525 Delano J 8042388167 Corey W 8046544649</i>	Locust Hill
7:00PM	Freebird (O,DISC) Craddock Baptist Church, **Resuming 6/12/25**, 96 Afton Pkwy, <i>Roland C 757-328-2243</i>	Portsmouth
7:00PM	Girls Nite Out (O,W,HY) West Park Church of Christ, 926 Cherokee Rd, <i>Vickie 757-375-0067 Kat 757-359-3793</i>	Portsmouth