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HAMPTON ROADS METRO MEETING LIST



Service Meetings	
Beach Area Service Committee [B] https://virginiabeachna.org 3419 Virginia Beach Boulevard #5252 Virginia Beach, VA 23452 1st Saturday - 1200 Dam Neck Rd, Virginia Beach 23454 (1:00 PM) Hospitals and Institutions Subcommittee (11:00 AM) Emergent Needs Subcommittee (12:00 PM) Serenity on the Shore Subcommittee Last Sunday - Subcommittees: 5:00PM, Main: 6:00PM	Peninsula Area Service Committee [P] https://peninsulaareana.org P.O. Box 16009, Newport News, VA 23608 ASC: 1st Saturday (3:00 PM) Zoom ID# 751 454 2563 - PW: area123 Activities: Zoom ID# 828 7644 7784 - PW: unity2021 Meets 3 rd Saturday 2:00 PM H&I: Zoom ID# 825 2701 2141 - PW: Hope2021 Meets on the Sunday following Area, 2:00 PM PR: Zoom ID# 853 0778 2088 - PW: Relate2021 Meets 1st Saturday of each month, 11:00 AM
Outer Limits Area Service Committee [O] https://outerlimitsareana.org/ P.O. Box 1164, Franklin, Va. 23851 Hospitals and Institutions Subcommittee TBD Activities Subcommittee TBD Public Relations TBD	Tidewater Area Service Committee [T] https://tidewaterareana.org P.O. Box 1877, Norfolk, VA 23501 Meeting via Zoom until further notice. ASC Meets 2nd Sunday at 2pm, Zoom ID: 856 2023 6447 Passcode: 757252 H&I: 2nd Sunday at 12pm, same Zoom ID as ASC. PR: 2nd Saturday at 1:00PM, Zoom ID: 853 3000 1830 Passcode: PRsub
Central Atlantic Regional Service https://www.car-na.org	Narcotics Anonymous World Service https://www.na.org

Meeting Format Legend			
AB	Ask-It-Basket	BEG	Beginners
BT	Basic Text	C	Closed
CAN	Candlelight	CPT	12 Concepts
DISC	Discussion	F2F	Face 2 Face
HY	Hybrid Physical/Virtual	IP	IP Study
IW	It Works Study	JFT	Just for Today Study
LC	Living Clean Study	LIT	Literature Study
M	Men	ME	Meditation
NC	No Children	O	Open
PH	Phone Meeting	SPK	Speaker
STEP	Step	SWG	Step Working Guide Study
TC	Temporary Closed	TOP	Topic
TRAD	Tradition	TW	Traditions Workshop
VAR	Format Varies	VM	Virtual Web Meeting
W	Women	WC &	Wheelchair
WR	Writing Meeting		

SUNDAY			
9:00AM	Hope Ignited (O,DISC,WC &) Virginia Beach Recovery Club, 1900 Baltic Avenue, <i>David D 757-971-8753</i>	Virginia Beach	
9:30AM	Surrender To Live (O,WC &) 329 Main St, <i>Dee W 757-503-0739 Tony H 757-696-6654</i>	Newport News	
10:00AM	NA-meless (O,DISC) 1308 Airline Blvd, <i>Thomas K 757-393-2009</i>	Portsmouth	
11:00AM	We Need A Meeting (O,DISC,VAR,WC &) Next door to Waffle House. PLEASE WEAR A MASK, 4700 George Washington Hwy, <i>Donna JE 757-535-5895</i>	Portsmouth	
NOON	Faith (O,VM) <i>Renee E 757-637-8230</i>		
1:00PM	Living Clean (O,WC & ,LIT) A Place To Meet, Study meeting from the Living Clean book, 7055 Linda Circle, <i>Paul S 757-293-9446</i>	Hayes	
2:00PM	The No Matter What Club (O) St Francis Episcopal Church, 509 S Rosemont Rd, <i>Trish F 757-985-0948</i>	Virginia Beach	
3:00PM	Wecovery (O,VAR) Great Bridge United Methodist Church, 201 Stadium Drive, <i>Megan A 757-572-5667</i>	Chesapeake	
6:00PM	It's About Time (O,SPK,WC &) Norview United Methodist Church, 1112 Norview Avenue, <i>Jay J 757-227-8025 Charles M 757-735-8511</i>	Norfolk	
6:00PM	Sunday Sanity (O,BT,DISC,IP) VB Psych Center, Main Entrance Check-in, 1100 First Colonial Rd, <i>Shelly G 757-748-5364, Pat O 757-633-2820</i>	Virginia Beach	
7:00PM	A Gift Called Life (O,WC &) Warwick United Church of Christ, 10 Matoaka Lane, <i>Nadine 757-751-4680 David H 757-214-2770</i>	Newport News	
7:00PM	New Phase Four (O,DISC,SPK,TOP) St. John's Episcopal Church, 424 Washington Street, <i>Ron E 757-582-1070, Sam G 757-353-2096</i>	Portsmouth	
7:00PM	Over & Beyond (O,LIT) St. Philip's Chapel, West side of Street, 201 S McMorrine St, <i>Michael S 757-359-8841</i>	Elizabeth City	
7:00PM	Recovery Group (O) Wesley United Methodist Church, 2510 N Armistead Ave, <i>William S 757-236-6170 Dave R 757-218-2595</i>	Hampton	
8:00PM	Mixed Group (O,DISC) First Lutheran Church, 1301 Colley Ave, <i>Mike J 757-409-1676</i>	Norfolk	
9:00PM	Cloud 9 (O,VM)	Williamsburg	
MONDAY			
9:30AM	Morning Meditation (O,WC &) EZ Does It Service Center, 1153 Harmony Rd	Norfolk	
9:30AM	Morning Meditation Literature (O,VAR,VM,LIT)	Norfolk	
10:00AM	Get Back Up (IP,JFT) West End Baptist Church, Side Rear Entrance, 2413 Shell Rd, <i>Sheryl J 757-759-1317</i>	Hampton	

FRIDAY (CONT)			
7:30PM	Better Days (O,CAN,DISC,AB) Church Of Saint Therese, 4137 Portsmouth Blvd, <i>Joe W 757-536-7337</i>	Chesapeake	
7:30PM	Good Orderly Direction (O) 10 Matoaka Ln, <i>Jeff H. 757-630-3806</i>	Newport News	
7:30PM	HOW Group (C,DISC) Good Shepherd Lutheran Church, 1489 Laskin Road, <i>Lance G 757-692-7864</i>	Virginia Beach	
7:30PM	Miracles Happen (O) St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, <i>Scott D 252-267-0060</i>	Nags Head	
8:00PM	Kempsville Crossroads (O,DISC,WC &) Providence Presbyterian Church, 5497 Providence Road, <i>Mark N 757-478-1839</i>	Virginia Beach	
8:00PM	The Miracle Continues (O,STEP) Azalea Baptist Church, 3314 E Little Creek Rd, <i>Nesbit 757-620-8804</i>	Norfolk	
8:00PM	Wave of Recovery (O,DISC) Bayside Presbyterian, 1400 Ewell Rd, <i>Pat C 757-619-1976 Ezra S 757-974-2261</i>	Virginia Beach	
9:00PM	Cloud 9 (O,VM)	Williamsburg	
SATURDAY			
9:30AM	Morning Meditation (O,DISC,VAR,WC &) EZ Does It Service Center, 1153 Harmony Road	Norfolk	
9:30AM	Morning Meditation Literature (O,VAR,VM,LIT)	Norfolk	
10:00AM	Fresh Start (O) Christ Presbyterian Church, 709 Aragona Blvd, <i>Madison B 757-506-6986 Sherry R 757-406-9175</i>	Virginia Beach	
10:00AM	No More Excuses (O,WC &) Warwick United Church of Christ, 10 Matoaka Lane, <i>William K. 757-768-0886</i>	Newport News	
NOON	Basic Math 12 & 12 (O,SPK,STEP,TRAD) First Baptist Church, 500 E Bute Street, <i>Carlton D 757-515-3331</i>	Norfolk	
2:00PM	High Noon (BT,IW,CPT,LIT) Recovery Baptist Church, 2nd & 4th Saturdays ONLY, 303 Blair Ave, <i>Teresa F (757) 269-1707 Mildred D (757) 236-9021</i>	Newport News	
3:00PM	Back to Life (O,BT,DISC,SPK,TRAD) First Lutheran Church, 1301 Colley Ave	Norfolk	
5:00PM	When at the End of the Road (O,DISC) St Francis Episcopal Church, 509 S Rosemont Road, <i>Rob C 757-334-7718</i>	Virginia Beach	
6:00PM	Saturday Night Alternative (O,WC &) First Presbyterian Church, 514 S Armistead Avenue, <i>Shanequa L 757-327-2381 Denise K 757-660-1118</i>	Hampton	
6:00PM	Saturday Night Men's Meeting (C,DISC) Good Shepherd Lutheran Church, 1489 Laskin Road, <i>Jamie T 757-803-7986, Lance G 757-692-7864</i>	Virginia Beach	
7:00PM	Back to Basics (O,BT,DISC,IP,SPK) Portsmouth UCC, 5900 Portsmouth Blvd, <i>Mike K 757-974-4029 Charlie J 757-620-3895</i>	Portsmouth	
7:00PM	Never Alone (O,WC &) Hillton Christian Church, Meets at 7pm as of 2/11/23, 100 James River Drive, <i>Ray D 757-303-4533</i>	Newport News	
7:00PM	Saturday Night Live (O) St. Nicholas Fellowship Hall, 621 First Colonial Road, <i>Ted L 757-717-2669</i>	Virginia Beach	
8:00PM	Freedom of Choice (O,DISC,STEP) Church of the Ascension, 4853 Princess Anne Rd, <i>James P 757-619-2273</i>	Virginia Beach	
8:00PM	Surrender to Live (O,BT,DISC,WC &) Ocean View Christian Reformed Church, 1241 Hillside Ave, <i>Fred R 757-695-6500</i>	Norfolk	
9:00PM	Cloud 9 (O,VM)	Williamsburg	
9:30PM	The Point of Freedom (O,STEP,TRAD,WC & ,LIT) Freemason Street Baptist Church, 400 E Freemason St, <i>Tuan N 757-788-4757</i>	Norfolk	

THURSDAY (CONT)		
6:00PM	Be the WE (O,CAN,WC &) Christ Presbyterian Church, 709 Aragona Blvd, Colden 757-724-1239 <i>Speaker mtg every 4th Thursday</i>	Virginia Beach
6:30PM	Got to Have It (O,BT,IP,SPK,STEP,WC &) Gethsemane Baptist Church, 1317 E Brambleton Ave, <i>Juanita S 757-685-8848</i>	Norfolk
6:30PM	Living as Men Group of NA (O,M,WC &) Recovery Baptist Church, 303 Blair Ave, <i>Reggie F 757-817-8464</i>	Newport News
7:00PM	Crossing Rivers (O,DISC) Harmony Grove Baptist Church, 7722 General Puller Highway, <i>Doug C 804-690-6595 Kathy P 804-324-1820</i>	Locust Hill
7:00PM	Freebird (O,BT,DISC,TRAD,VM) Virtual Only, <i>Roland C 757-328-2243</i>	Portsmouth
7:00PM	Girls Nite Out (O,W,HY) Sattvic Space, 1308 Airline Blvd, <i>Vickie 757-375-0067 Kat 757-359-3793</i>	Portsmouth
7:00PM	Keep the Fire Burning (O,DISC) Bethany United Methodist Church, Park on West side of church, enter thru West door follow the signs., 1509 Todds Ln, <i>Tom K 804-815-9356</i>	Hampton
7:00PM	Over & Beyond (O,DISC) St. Philip's Chapel, 201 S McMorrine St, <i>Michael S 757-359-8841</i>	Elizabeth City
7:00PM	Shattering the Illusion (O,BT) St. Michaels Lutheran Church, 2208 Princess Anne Rd, <i>Kristine A 757-202-2702, Ty H 757-235-3175</i>	Virginia Beach
7:30PM	Another Chance to Live (O) Benn's United Methodist Church, 14571 Benns Church Blvd, <i>Tom N 757-658-1498</i>	Smithfield
7:30PM	Second Chance (O,DISC,STEP,TW) Great Bridge United Methodist Church, 201 Stadium Drive, <i>Louie L 757-560-8172</i>	Chesapeake
8:00PM	Choose Life (O,DISC) St. Nicholas Greek Orthodox Church, 621 First Colonial Rd., <i>Ted L 757-717-2669 Kristen H 757-837-5132</i>	Virginia Beach
8:00PM	Junks & Drunks (O,STEP) Ocean View Christian Reformed Church, 1241 Hillside Ave, <i>Ed S 757-435-9526</i>	Norfolk
9:00PM	Cloud 9 (O,VM)	Williamsburg
10:30PM	End of the Night (O,DISC) Old Donation Episcopal Church, No Smoking on Church Campus, 4449 N Witchduck Rd, <i>Melinda J 757-401-3395</i>	Virginia Beach
FRIDAY		
9:30AM	Morning Meditation (O,WC &) EZ Does It Service Center, 1153 Harmony Road	Norfolk
9:30AM	Morning Meditation Literature (O,VAR,VM,LIT)	Norfolk
NOON	A Meeting at Lunch (O) First Presbyterian Church, Rear door left side of church, 514 S Armistead Ave, <i>Eugene 757-358-1709</i>	Hampton
NOON	Check up From the Neck Up (O,VM)	Hampton
NOON	The Continuing Quest (O,DISC,SPK,SWG) First Lutheran Church, 1301 Colley Ave, <i>Dave E 757-663-2723</i>	Norfolk
NOON	Write Now (O,JFT,SWG,ME,WR) Providence Presbyterian Church, 5497 Providence Rd, <i>Writing during meeting, Fred R 757-695-6500</i>	Virginia Beach
2:00PM	High Noon (BT,IW,CPT,LIT) Recovery Baptist Church, 303 Blair Ave, <i>Teresa F (757) 269-1707 Mildred D (757) 236-9021</i>	Newport News
6:00PM	Life & Hopeline (O,DISC,STEP,TC,VM) Sentara Obici Hospital, 2800 Godwin Boulevard, <i>Maryann B 609-712-3107</i>	Suffolk
7:00PM	12 + 12 = Change (O,WC &) Sentara Hospital, Meets In the Conference Center, 100 Sentara Cir, <i>Michael A 804-939-1215</i>	Williamsburg
7:00PM	Agape (O,DISC,IP,STEP,TW) St. Paul's United Methodist Church, 437 Providence Rd, <i>1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494</i>	Chesapeake
7:00PM	Closer To Home (O,DISC,WC &) Riverside Walter Reed Hospital, 7519 Hospital Drive, <i>Grace 804-824-5622</i>	Gloucester
7:00PM	Keep Coming Back (O,WC &) Newport News Community Center, 605 South Avenue, <i>Michelle E 757-751-2528</i>	Newport News

MONDAY (CONT)		
NOON	A Meeting at Lunch (O,VAR,WC &) First Presbyterian Church, Rear door left side of church, 514 S Armistead Ave, <i>Eugene 757-358-1709</i>	Hampton
NOON	Check up From the Neck Up (O,VM)	Hampton
NOON	More Will be Revealed (O,DISC) Serenity House, 300 Pearl Street, <i>Michael S 757-359-8841</i>	Elizabeth City
2:00PM	High Noon (BT,IW,CPT,LIT) Recovery Baptist Church, Meets M-F and 2nd & 4th Saturdays, 303 Blair Ave, <i>Teresa F (757) 269-1707 Mildred D (757) 236-9021</i>	Newport News
3:00PM	Change I Must Or Die I Will (O,DISC,JFT,SPK,LIT) Empowered Believers Church, 2096 Nickerson Blvd, <i>Lawrence 718-594-2998 Renee 215-370-2186</i>	Hampton
6:00PM	Monday Meditation (C,ME) Community United Methodist Church, Enter from Burlington Rd side only, door locks at 6:10pm, 1072 Old Kempsville Rd, <i>Jon B 757-635-4318 Lance G 757-692-7864</i>	Virginia Beach
6:00PM	Step By Step (C,NC,STEP,WC &) A Place To Meet, 7055 Linda Circle, <i>Grace 804-824-5622</i>	Hayes
6:30PM	New Attitude (O,WC &) Trinity United Methodist Church, 228 29th St, <i>Rose F 757-593-0104 Debbie S 757-318-2914</i>	Newport News
7:00PM	Clean & Serene (O,BT,DISC) Riverside United Methodist Church, 1400 Edgewood Drive, <i>John J 252-377-2405 Jason G 252-312-5318</i>	Elizabeth City
7:00PM	Monday Night Candlelight (O,BT,CAN,WC &) Haygood United Methodist Church, 4713 Haygood Rd, <i>Eric D 757-580-2849</i>	Virginia Beach
7:00PM	New Beginnings (O,WC & ,LC) Churchland Baptist Church, 3031 Churchland Blvd, <i>Cathy K 757-403-7409 Sid N 757-416-4553</i>	Chesapeake
7:00PM	Running on Faith (O) Carrollton Holiness Church, 16144 Carrollton Blvd, <i>Derek L 802-922-0119</i>	Carrollton
7:30PM	Freedom to Live (O) Liberty Christian Fellowship, 244 Williams Dr, <i>Lauren M 252-722-5774</i>	Kill Devil Hills
7:30PM	Here and Now (O,BT,DISC,VAR,TOP,LIT) St Mark's United Methodist Church, 99 E. Mercury Blvd., <i>Allen M 941-564-5882</i>	Hampton
7:30PM	Living The Program (O,BT,DISC,PH) Water's Edge Church of God, 4141 Holland Road, <i>Frank G 757-933-0999 Rebekah D 203-444-1845</i>	Virginia Beach
8:00PM	Recovery on the Hill (O,BT,CAN,IP,SPK,WC &) Ocean View Christian Reformed Church, 1241 Hillside Avenue, <i>Fred R 757-695-6500</i>	Norfolk
8:30PM	Who Is An Addict? (O) Triangle Stepping Stones, 3279 Lake Powell Rd, <i>Michele C 757-707-7750</i>	Williamsburg
9:00PM	Cloud 9 (O,VM)	Williamsburg
10:30PM	End of the Night (O,DISC,LIT) Old Donation Episcopal Church, No Smoking on Church Campus, 4449 N Witchduck Rd, <i>Melinda J 757-401-3395</i>	Virginia Beach
TUESDAY		
9:30AM	Morning Meditation (O,DISC,VAR,WC &) EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road	Norfolk
9:30AM	Morning Meditation Literature (O,VAR,VM,LIT)	Norfolk
9:30AM	Trust The Process (O) 2114 Wickham Ave, <i>Qadeer 757-344-1284 Lily 757-236-8921</i>	Newport News
NOON	A Meeting at Lunch (O) First Presbyterian Church, Rear door left side of church, 514 S Armistead Ave, <i>Eugene 757-358-1709</i>	Hampton
NOON	Check up From the Neck Up (O,VM)	Hampton
NOON	The Emergency Unit (O,BT,DISC,F2F) Portsmouth UCC, 5900 Portsmouth Blvd, <i>Johnny D 757-287-4430</i>	Portsmouth
2:00PM	High Noon (BT,IW,CPT,LIT) Recovery Baptist Church, 303 Blair Ave, <i>Teresa F (757) 269-1707 Mildred D (757) 236-9021</i>	Newport News
5:30PM	Mensrap (C,M) Norview United Methodist Church, 1112 Norview Avenue, <i>Danny G 434-253-4075</i>	Norfolk

TUESDAY (CONT)		
5:30PM	Serenity Group (O,VM) Beverly A. 757-753-6868	
6:00PM	Keep Coming Back (O,DISC,VAR) New First Baptist Church of Taylorsville, 2720 Turnpike Road, <i>Francis P 757-679-1151 Judice P 757-228-8678</i>	Portsmouth
6:30PM	Life & Hopeline (O) St Paul's Episcopal Church, 213 N Main St, <i>Charles A 757-351-5855</i>	Suffolk
7:00PM	A New Way of Life (O,JFT,WC &) A Place To Meet, 7055 Linda Circle, <i>Paul S 757-293-9446 Janet P 804-466-1515</i>	Hayes
7:00PM	A Proven Program (O) Liberty Live Church, 8201 Croaker Road, <i>Dave H. 757-207-1154, Beth R. 804-332-4970</i>	Williamsburg
7:00PM	Earthbound Group (O,DISC) Emmanuel Episcopal Church, Meeting is in the back, in basement., 400 N High Street, <i>Stephen B 757-613-5531</i>	Franklin
7:00PM	Let It Be (O,DISC,LIT) Ocean View Christian Reformed Church, 1241 Hillside Ave, <i>Jessica H 757-822-4559</i>	Norfolk
7:00PM	New Genesis (O,SPK,STEP,LIT) Wesley United Methodist Church, 2510 N Armistead Avenue, <i>Gayle B 757-597-1531 Walter 864-221-2930</i>	Hampton
7:00PM	Over & Beyond (O,VAR) St. Philip's Chapel, 201 S McMorris St, <i>Michael S 757-359-8841</i>	Elizabeth City
7:00PM	Stick & Stay (O,DISC,WC &) Colington Methodist Church, 1949 Colington Rd, <i>Gene S 252-267-2823</i>	Kill Devil Hills
7:00PM	We Can Change (O,BEG,BT,DISC,IW,VAR,SPK,AB,LIT) Wesley Grace United Methodist Church, 288 E Little Creek Rd, <i>Leo C 757-285-2007</i>	Norfolk
7:30PM	Awesome Life (O,CAN,DISC,IP) Great Bridge United Methodist Church, 201 Stadium Drive, <i>Carrie L 757-560-8177</i>	Chesapeake
7:30PM	There's A Light (O,DISC) Ocean Lakes Church of Christ, 1200 Dam Neck Road, <i>Geoff L 757-641-3159</i>	Virginia Beach
7:30PM	Yes! We Can! (O,DISC,WC &) Family Life Center, 3172 Azalea Garden Rd, <i>Ron C 757-708-4946</i>	Norfolk
8:00PM	A Gift Called Life (O,BT) Portsmouth UCC, 5900 Portsmouth Blvd, <i>Brian L 757-619-7375, Sean H 757-438-1688</i>	Portsmouth
8:00PM	Enjoying the Journey (O,DISC,SPK,STEP,TOP) Water's Edge Church of God, 4141 Holland Road, <i>Billy B 757-681-4341</i>	Virginia Beach
8:15PM	Let's Recover Together (O,WC &) Hampton Christian Church, 151 East Mercury Boulevard, <i>Tim E. 757-725-4636</i>	Hampton
9:00PM	Cloud 9 (O,VM)	Williamsburg
10:30PM	End of the Night (O,DISC,LIT) Old Donation Episcopal Church, No Smoking on Church Campus, 4449 N Witchduck Rd, <i>Melinda J 757-401-3395</i>	Virginia Beach
WEDNESDAY		
9:30AM	Morning Meditation (O,WC &) EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road	Norfolk
9:30AM	Morning Meditation Literature (O,VAR,VM,LIT)	Norfolk
NOON	A Meeting at Lunch (O) First Presbyterian Church, Rear door leftside of church, 514 S Armistead Ave, <i>Eugene 757-358-1709</i>	Hampton
NOON	Check up From the Neck Up (O,VM)	Hampton
NOON	Visible Changes (O,DISC) Emmanuel Episcopal Church, 5181 Singleton Way, <i>Perry C 757-752-2070 Rachel S 703-232-3544</i>	Virginia Beach
2:00PM	High Noon (BT,IW,CPT,LIT) Recovery Baptist Church, 303 Blair Ave, <i>Teresa F (757) 269-1707 Mildred D (757) 236-9021</i>	Newport News
5:30PM	Just For Today (O,DISC,IP,SPK,STEP,TOP) First Lutheran Church, 1301 Colley Ave, <i>Bill A 757-647-7707</i>	Norfolk
5:30PM	Midweek Peak (O,DISC,WC &) Thalia Lynn Baptist Church - Door 1, 4392 Virginia Beach Blvd, <i>Jon B 757-635-4318 Lori W 757-309-9631</i>	Virginia Beach

WEDNESDAY (CONT)		
6:00PM	The Group (O,STEP) All Saints Episcopal Church, 10th Step meeting in Pinder Hall, 1969 Woodside Ln, <i>Palmer R 757-537-9658</i>	Virginia Beach
6:30PM	Serenity In The Sand (Seasonal May-Sept Only) (O,DISC,VAR) Community Beach Park - Leftmost Beach area, On the Beach, Bring a chair or blanket!, 700 E Ocean View, <i>Nadia H 757-285-5867</i>	Norfolk
7:00PM	Bright New Life (O,STEP) Franklin Baptist Church, 208 N High Street, <i>DeWayne L 757-641-8022</i>	Franklin
7:00PM	End Of The Road (O,WC &) 1707 Jefferson Avenue, <i>Glen N 757-268-9318 Ernest W 757-367-2476</i>	Newport News
7:00PM	Hope (O) 10 Matoaka Ln., <i>Will D. 757-768-7954 David B. 757-342-2510</i>	Newport News
7:00PM	Hugs Not Drugs (O,DISC) Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road, <i>Sarah 757-727-3582</i>	Hampton
7:00PM	Life Beyond Addiction (O,DISC,STEP,ME) Broadcast Church, 910 Oak Grove Rd, <i>Justin G 757-503-8290</i>	Chesapeake
7:00PM	Surrender and Recovery (O,BT) Portsmouth UCC, 5900 Portsmouth Blvd, <i>Edwin T 757-648-9812</i>	Portsmouth
7:00PM	Who Is An Addict? (O) Triangle Stepping Stones, 3279 Lake Powell Rd, <i>Michele C 757-707-7750</i>	Williamsburg
7:15PM	Straight Ahead (O,DISC,STEP) Christ Presbyterian Church, 709 Aragona Blvd, <i>Chris P 757-535-7227</i>	Virginia Beach
7:30PM	Life & Hopeline (O,WC &) Suffolk Christian Church, by courthouse, 216 North Main St., <i>Robert B 757-738-6253</i>	Suffolk
7:30PM	Miracles Happen (O,DISC,STEP,TW) St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, <i>Scott D 252-267-0060</i>	Nags Head
8:00PM	Better by the Bay (O,BT,DISC,WC &) Miles Memorial United Methodist Church, 9450 Granby Street, <i>Ryan D 757-651-5316</i>	Norfolk
8:00PM	Trusted Servants (O,DISC,WC &) Red Church, 315 S Rosemont Rd, <i>Angel S 757-992-1838</i>	Virginia Beach
8:00PM	Where's Lot 14? (O,DISC) Sentara Norfolk General Hospital, Brickhouse Auditorium, 2nd floor, Conf Rm 2, 600 Gresham Drive, <i>Gary 757-567-4158</i>	Norfolk
9:00PM	Cloud 9 (O,VM)	Williamsburg
9:00PM	Stepping into Recovery (O,DISC,WC & ,LIT) Old Donation Episcopal Church, 4449 N Witchduck Road, <i>Mary P 757-739-1726</i>	Virginia Beach
10:30PM	End of the Night (O,DISC) Old Donation Episcopal Church, No Smoking on Church Campus, 4449 N Witchduck Rd, <i>Melinda J 757-401-3395</i>	Virginia Beach
THURSDAY		
9:30AM	Morning Meditation (O,DISC,VAR,WC &) EZ Does It Service Center Off N. Military Hwy. & Raby Rd, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road	Norfolk
9:30AM	Morning Meditation Literature (O,VAR,VM,LIT)	Norfolk
9:30AM	Trust The Process (O,WC &) 2114 Wickham Ave, <i>Qadeer 757-344-1284 Lily 757-236-8921</i>	Newport News
NOON	A Meeting at Lunch (O) First Presbyterian Church, Rear door leftside of church, 514 S Armistead Ave, <i>Eugene 757-358-1709</i>	Hampton
NOON	Check up From the Neck Up (O,VM)	Hampton
NOON	Reason To Believe (O,BT,DISC) Church Of Saint Therese, Masks Required, 4137 Portsmouth Blvd, <i>Johnny D 757-287-4430</i>	Chesapeake
2:00PM	High Noon (BT,IW,CPT,LIT) Recovery Baptist Church, 303 Blair Ave, <i>Teresa F (757) 269-1707 Mildred D (757) 236-9021</i>	Newport News
5:00PM	Meeting at Buckroe Beach (O) Buckroe Beach, Meets seasonally May - October, 1st St & E Pembroke Ave	Hampton
5:30PM	Surviving Our Emotions (C,WC &) Norview United Methodist Church, 1112 Norview Avenue, <i>Takecha J 804-218-7208</i>	Norfolk